

HW Results January 2009

January 1: Bushy Park Parkrun 5km, Teddington

1 Danny Norman (Stragglers) 17:02. **HW:** 17 Stewart Bond 18:56 (199 finishers)

January 1: Serpentine RC New Year's Day 10km, Hyde Park, London

1 Samatar Farah (Newham & Essex Beagles) 31:59. **HW:** 149 Dennis Williams 46:56 (436 finishers)

January 3: Surrey AA Cross Country Championships, Lloyd Park

Senior Men

1 Phil Wicks (Belgrave H) 39:19. **HW:** 13 Kieran White 43:47; 26 Aidan Hogan 46:05; 70 Hugh Saxby 51:36; 83 Andy Waites 53:10; 95 Frank Wood 54:23

Note: Competing for Clapham Chasers HW 2C: 38 Neil Aitken 47:52; 43 Graeme Buscke 48:14 (140 finishers)

U20 Men

1 Luke Caldwell (Dorking & MV) 26:18. **HW:** 10 Alex Robinson 29:47; 19 Charlie Carrington 32:14 (26 finishers)

U17 Men

1 Johnny Hay (Aldershot F&D) 26:06. **HW:** 5 Liam White 27:53; 10 Jonathan Burgess 29:11; 11 Joe Toomey 29:15; 20 Geordie Logan 31:13; 25 Jonathan O'Halloran 32:10 (46 finishers)

TEAM: 1 Aldershot F&D 13; 2 Hercules Wimbledon 46; 3 Sutton & District 89

U15 Boys

1 Jordan Maurice (Croydon H) 14:48. **HW:** 4 Ed Saywell 15:34; 30 Rory Blakeney-Edwards 17:33; 34 Matthew Burgess 17:39; 35 Joe Clark 17:46; 37 Bradlee Mulroe 17:48; 51 Jesse Buchanan 19:39; 55 Jack Blakeney-Edwards (U13) 20:30 (60 finishers)

TEAM: 1 Windsor, S, E & H) 37; 2 Croydon H 66; 3 Oxted School 68 ... 5 Hercules Wimbledon 103

U13 Boys

1 Jack Rowe (Windsor S, E & H) 15:13. **HW:** 13 Tim Livingstone 16:56; 47 Thomas Bracegirdle 18:29 (78 finishers)

Senior Women

1 Lily Partridge (Aldershot F&D) 31:02. **HW:** 20 Claire Grima 35:16; 25 Estle Viljoen (missed start) 36:12; 53 Tamsin Cargill (HW debut) 40:59; 67 Shelley Cleghorn 42:57; 91 Rowena Hornshaw 50:09 (97 finishers)

TEAM: 1 Aldershot F&D 24; 2 Clapham Chasers 62; 3 Herne Hill H 74 ... 8 Hercules Wimbledon 165

U20 Women

1 Georgie Bruinvels (S London H) 19:32. **HW:** 5 Ella Benedict 22:53; 7 Rosemary Fernando 23:28 (12 finishers)

U17 Women

1 Loulou Rowlands (S London H) 19:06. **HW:** 22 Kate Buchanan 25:22 (25 finishers)

TEAM (U20/U17 Combined): 1 Guildford & Godalming 26; 2 S London H 28; 3 Sutton & District 41 ... 5 Hercules Wimbledon 70

U13 Girls

1 Harriet Preedy (Aldershot F&D) 16:04. **HW:** 6 Eleanor Smith-Hahn 17:12; 19 Rebecca Stone 18:37; 52 Olivia Hogan 23:26

Surrey XC: Full results:

<http://www.surreyathletics.org.uk/crosscountry/champs/2008/20090103.php>



The HW U17 scoring team of Joe, Liam, Geordie and Jonathan wearing their silver Surrey team medals with Tilly proudly posing as the club mascot.

Photo by Paul Toomey



Kieran among the action during his fine run in the Surrey Championships

Photo by Ray O'Donoghue

January 3: Bushy Park 5km parkrun, Teddington

1 Andy Baddeley (Harrow AC) 14:23. **HW:** 38 Steve Badgery 19:08; 54 Martin O'Halloran 19:47 (412 finishers)

January 3: Wimbledon Common 5km parkrun

1 Andy Robinson (Thames H&H) 17:47. **HW:** 20 Mark Bohan 21:08; 25 Michaela Knespl (3rd W) 21:27; 34 Mike Kortenray 22:16; 42 Alex Bond 22:46; 46 Dennis Williams 23:00 (89 finishers)

January 4: Tadworth 10-miles, Multi Terrain, Epsom Downs

1 Hussain Ahmed (HW) 55:43; 2 James Baker (Chichester R) 57:08. **Other HW:** 78 Frank Wood* 70:02; 108 Peter Giles 73:16; 231 Maurice Sharp 80:29 (632 finishers)

Full results: <http://www.tac.org.uk/Tad10%202009%20Results.pdf>

* Competed in Surrey Champs the previous day

January 4: Mornington Chasers 10km Road, Regents Park, London

1 Martin Muldoon (Serpentine RC) 34:33. **HW:** 59 Tom Morris (2nd M50) 43:25; 130 Tomofumi Kikugawa (2C) 47:34; 203 Angela Kikugawa (2C) 55:04 (258 finishers)

January 4: Manchester Area Cross Country League, Woodbank Park, Stockport

1 Ian Grime (Newham & Essex Beagles) 32:11. **HW:** 6 Mike Halman 33:17 (194 finishers)

January 7: Woking Handicap, 3 miles road, Surrey

Fastest: 1 Stuart Prentice (Petrofac) 16:58. **HW:** 16 Dennis Williams 20:18; 35 Kevin Burnett (2C) 28:20 (40 finishers)

January 10: Sweatshop Surrey League, Division 1, Match 3, Farthing Downs, Coulsdon

Senior Men (5 miles)

1 Ben Whitby (Herne Hill H) 27:56. **HW:** 13 Kieran White 29:13; 14 Hussein Ahmed 29:15; 25 Aidan Hogan 30:03; 28 Mike Halman 30:10; 34 Belal Aly 30:28; 46 Jamie Helmer 31:17; 53 Rory McMahon (HW debut) 31:31; 60 Justin Kelly 31:50; 66 Peter Lee 32:11; 76 Alex Robinson 32:38; 80 Chris Coles 32:57; 100 Hugh Saxby 34:22; 112 Andy Waites 35:04; 120 Stewart Bond 36:08; 126 Frank Wood 36:53; 140 Barry White 38:38

TEAM: 1 Herne Hill H) 138; 2 Thames Hare & Hounds 250; 3 Reigate Priory 385; 4 Hercules Wimbledon 391; 5 Ranelagh H 431; 6 South London H 508; 7 Belgrave H 646; 8 Dorking Mole Valley 663; 9 Stragglers 683

Positions after 3 matches: 1 Herne Hill H 451; 2 Thames Hare & Hounds 556; 3 Hercules Wimbledon 1286; 4 Ranelagh H 1400; 5 South London H 1458; 6 Belgrave H 1548; 7 Reigate Priory 1691; 8 Stragglers 1868; 9 Dorking Mole Valley 2027

U17/U15 (2.5 miles)

1 Liam White (HW) 14:48; 2 Lewis Lloyd (Herne Hill H) 15:04; 3 Joe Toomey 15:17. **Other HW:** 5 Ed Saywell (2nd U15) 15:36; 10 Joe Clark 16:58; 13 Ed Martin 18:01; 18 Bradlee Mulroe 18:41

TEAM: 1 Hercules Wimbledon 30; 2 South London H 52; 3 Herne Hill H 72; 4 Reigate Priory 130; 5 Stragglers 132

Positions after 3 matches: 1 Hercules Wimbledon 72; 2 South London H 177; 3 Herne Hill H 197



Kieran chasing down Hussein on his way to being first HW home



A great action shot showing Aidan well in the mix



Joe hitting some fine form to place third YA



Yet another solid run by Mike

January 10: Surrey Ladies League, Division 2, Match 3, Coulsdon Seniors

1 Emily Alden (Epsom & Ewell) 22:56. **HW:** 4 Estle Viljoen 26:16; 28 Rosemary Fernando 29:24; 64 Rowena Hornshaw 32:56

TEAM: 1 Clapham Chasers 90; 2 Runnymede Runners 103; 3 Epsom & Ewell H 123 ... 14 Hercules Wimbledon 354

Positions after 3 matches: 1 Clapham Chasers 192; 2 Ful-on-Tri 389; 3 Runnymede Runners 412 ... 5 Hercules Wimbledon 670

U13

1 Lucy Drummond (Epsom & Ewell) 12:39. **HW:** 3 Eleanor Smith-Hahn 13:14; 10 Emma Headley 13:49; 13 Ella Dobson 13:54; 14 Maire Gilmartin 13:56; 16 Rebecca Stone 13:58

MATCH: 1 Reigate Priory 31; 2 Hercules Wimbledon 38; 3 Herne Hill H 53 ...12
Hercules Wimbledon 'B' 160.

Positions after 3 matches: 1 Reigate Priory 131; 2 Hercules Wimbledon 238; 3
Herne Hill H 353

Division 1

Senior Women

1 Catherine Bryson (Belgrave H) 22:30: **HW:** 54 Anna Garnier (2C) 27:33



Estle as first HW home puts in another fine run in a busy winter season for her



Eleanor making was proved to be a brave run for third place as she leads the HW U13 team to a magnificent – and close - second team spot

All photos Surrey photos by Ray O'Donoghue

January 10: parkrun 5km, Wimbledon Common

1 Jon Fairs (HW-2C) 17:46. **Other HW:** 4 Andrew Davies (2C) 18:18; 15 Yuzo Saito 20:58; 17 Mark Bohan 21:09; 20 Michaela Knespl 21:17; 23 Tamsin Cargill 21:36; 33 Dennis Williams 22:34 (96 finishers)

January 10: Middlesex County Championships, Trent Park

1 Steve Sharp (Belgrave H) 38:13. **HW:** 5 James Trapmore (2C) 40:11 (137 finishers)

January 10: Warwickshire County Championships, Birmingham

1 Phil Hinch (Tipton H) 31:18. **HW:** 159 Colin Bricher (2C) 54:18

January 10: Yorkshire County Championships, Kimberworth, Rotherham

1 Jorge Thomas (Cardiff) 32:51. **HW:** 157 Neil Robson (2C) 44:21 (205 finishers)

January 10: Brunel Indoor Sprint Series, Brunel University, Uxbridge

60 (Round 1 Heat 19) 6 Emily Martin 8.03. **(Round 2 - heat 18):** 3 Emily Martin 8.09

January 11: Surrey County AA Sportshall, The Spectrum, Guildford

U15 Boys

TEAM: 1 Herne Hill H 381; 2 Guildford & Godalming 318.5; 3 Kingston & Polytechnic 309; 4 Hercules Wimbledon 287.5

Leading points scorers: 1 Blade Ashby (Herne Hill H) 79. **HW:** 3 Jose Costa 74; 7 Ed Saywell 66.5

Jose Costa 74: **4-lap:** 52.4. **STJ:** 7.04. **SP:** 9.69

Ed Saywell* 66.5: **4-lap:** 55.8. **STJ:** 6.96. **Speed Bounce:** 66

Jonathan Osbourne 56: **2-lap:** 25.7. **SLJ:** 2.14. **Speed Bounce:** 64

James Russell 51: **2-lap:** 25.7. **SLJ:** 2.06. **SP:** 6.64

4x2-lap: HW 2nd 97.8 (1st Herne Hill 97.4)

U13 Boys

TEAM: 1 South London H 510; 2 Kingston & Polytechnic 496; 3 Herne Hill H 446 ... 12 Hercules Wimbledon 201

Leading points scorers: 1 Segun Babalola (Wandsworth) 64; 2 Oliver Reilly 63

Oliver Reilly 63: **4-lap:** 56.3. **SP:** 7.99

Louis Laville 39: **6-lap:** 105.1. **SP:** 5.44

Jonathan Dench 27: **2-lap:** 29.9. **Vertical Jumps:** 35

Elliott Laville 17: **4-lap:** 67.0. **STJ:** 3.98

HW: **4x2-lap:** 2:01.3. **Obstacle race:** 2:33.5

U13 Girls

TEAM: 1 Guildford & Godalming 643; 2 Walton AC 616.5; 3 Epsom & Ewell 576 ... 17 Hercules Wimbledon 197.5

Leading points scorers: 1 Zoe Doran (Wandsworth) 76. **HW:** =6 Eleanor Smith-Hahn 71

Eleanor Smith-Hahn* 71: **6-lap:** 98.1. **Vertical Jumps:** 51

Olivia Hogan 44: **4-lap:** 65.4. **Vertical Jumps:** 39

Dalia Serafy 33.5: **2-lap:** 27.2

Tara Wilson 30: **2-lap:** 30.4. **STJ:** 4.88

Josie Clough 19: **6-lap:** 126.1. **STJ:** 4.32

Competed in Surrey XC League on previous day

January 14: Bridges Handicap 2.3 miles Road, Westminster Bridge

Fastest: 1 Rob Piktethly (Victoria Park H) 14:16. **HW:** 16 Dennis Williams 16:34; 29 Kevin Burnett (2C) 22:59

January 17: Surrey Schools Cross Country Championships, Priory Park, Reigate

Senior Boys (Years 12/13)

1 Mickey Reed (Waverley) 23:18. **HW:** 4 Andrew Penney (Merton) 24:24; 7 Alex Robinson (NE Surrey) 25:55 (37 finishers)

Inter Boys (Years 10/11)

1 Joshua Grace (NW Surrey) 19:08. **HW:** 8 Ed Saywell (Sutton) 20:12; 11 Geordie Logan (Merton) 20:30; 12 Joe Toomey (Central Surrey) 20:36; 37 Ed Martin (Merton) 23:28 (48 finishers)

Junior Boys (Years 8/9)

1 Peter Chambers (N Croydon) 13:31. **HW:** 11 Joe Clark (Merton) 14:47; 18 Tim Livingstone (Kingston) 15:05 (65 finishers)

U13 Boys (Year 7)

1 Tim Carnell (S Surrey) 11:19. **HW:** 13 Max Cooper (Kingston) 12:06 (68 finishers)

Senior Girls (Years 12/13)

1 Loulou Rowlands (S Surrey) 14:22. **HW:** 10 Ella Benedict (Central Surrey) 16:22 (29 finishers)

Inter Girls (Years 10/11)

1 Emelia Gorecka (Central Surrey) 13:38. **HW:** 21 Michaela Knespl (Merton) 17:06 (60 finishers)

U13 Girls (Year 6)

1 Leigh Chapman (Waverley) 11:36. **HW:** 3 Eleanor Smith-Hahn (Sutton) 11:49; 5 Emma Headley (Kingston) 12:23; 11 Rebecca Stone (Merton) 13:04 (71 finishers)

Full results:

<http://www.surreyathletics.org.uk/schools/2009XC/index.htm?Y=2008&O=R&S=2009>

14 HW representatives in total: a fine showing for the club

January 17: Veterans AC Cross Country Championships, 5.8-miles, Wimbledon Common

1 Vic Maughn (Herne Hill H) 33:40. **HW:** 6 Hugh Saxby* (2nd M50) 34:59; 9 Grenville Tuck (2nd M55) 37:14; 19 Martin Miller 39:20; 23 Stephen McDuell (1st M40) 41:11; 35 Dennis Williams 45:43; 46 Kevin Burnett (2C) 62:56 (47 finishers)

*Non-VAC member and not eligible for Championship

January 17: London City Runner Metropolitan League, Stevenage, Herts

1 Neilson Hall (Herts Phoenix) 25:48. **HW:** 6 James Trapmore (2C) 27:04 (237 finishers)

January 17: Boxhill Fell Race, 7.5-miles – 1700ft ascent, Dorking, Surrey

1 Chris Daniels (Thames H&H) 52:29. **HW:** 143 Yuzo Saito 77:12 (232 finishers)

January 17: parkrun 5km, Bushy Park, Teddington

1 Mike Trees (Belgrave H) 16:20. **HW:** 76 Amandine King (3rd W) 21:39; 113 Barry King 22:42 (402 finishers)

January 17: parkrun 5km, Wimbledon Common

1 Jon Fairs (HW-2C) 17:20. **HW:** 3 Rory McMahon 17:57; 5 Andrew Davies (2C) 18:42; 15 Frank Wood 20:13; 17 Bradlee Mulroe 20:31; 28 Tim Bartley 21:45; 29 Adam Fenton (2C) 21:47 (94 finishers)

Rory McMahon homing in on third place in the Wimbledon Common parkrun 5km

Photo by Peter Brunnen



January 17: Birmingham League, Coventry

1 Phil Nicholls (Tipton H) 27:53. **HW:** 207 Colin Bricher (2C) 49:28 (207 finishers)

January 17: Blackheath & Bromley Open 10km Cross Country, West Wickham, Kent

1 Peter Tucker (Blackheath & Bromley) 35:59. **HW:** 6 Alex Bruce-Littlewood (2C) (1st U20) 40:15; 67 Stuart Littlewood 54:02 (84 finishers)

January 17/18: South of England AA Indoor Championships, Lea Valley

Senior Men

LJ (17th): 10 Jimmy Saruchera 5.74

U17 Men

1500 (18th): 1 Liam White 4:23.33

Senior Women

60 (18th): Heat 1: 4 Emily Martin 8:01

January 18: Les Witton Memorial 10 miles (road), Dartford, Kent

1 Peter Tucker (Blackheath & Bromley) 53:37. **HW:** 5 Mike Halman 55:48 (865 finishers)

January 24: South of England AA Championships, Hillingdon House Farm,

Uxbridge, Middx

Senior Men (15km)

1 Phil Wicks (Belgrave H) 51:08. **HW:** 51 James Trapmore (2C) 56:52; 112 Aidan Hogan 59:52; 125 Mike Halman 60:19; 170 Richard Xerri 62:15; 171 Jonathan Dobson 62:15 (672 finishers)

Junior Men (8km)

1 Ronnie Sparke (Woodford Green) 28:34. **HW:** 61 Alex Bruce-Littlewood (2C) 32:13; 80 Alex Robinson 35:04 (94 finishers)

U17 Men

1 Jonny Hay (Aldershot F&D) 20:25. **HW:** 51 Liam White 22:48; 60 Geordie Logan 23:04; 93 Joe Toomey 24:03 (180 finishers)

U15 Boys

1 Harvey Dixon (Aldershot F&D) 14:41. **HW:** 63 Ed Saywell 16:26; 116 Joe Clark 17:13; 223 Bradley Mulroe 19:12 (252 finishers)

Senior Women

1 Katherine Sparke (Woodford Green) 31:50. **HW:** 152 Ella Benedict (U20) 41:30; 277 Rowena Hornshaw 49:52 (311 finishers)

U13 Girls

1 Leigh Chapman (Aldershot F&D) 13:00. **HW:** 140 Ella Dobson 15:43 (221 finishers)



Alex stuns a fellow competitor in the Southern U20 champs

Photo by Ray O'Donoghue



(l-r) Joe, Geordie and Liam after the mudbath of the Southern U17 Champs

Photo by Paul Toomey



Jonathan and Richard in the Southern plus one of the course easier sections
Photos by photographer prodigy Ella Dobson

January 24: parkrun 5km, Bushy Park, Teddington

1 Tim Haughian (Windsor, S, E & H) 16:51. **HW:** 31 Steve Badgery 19:25; 71 Camille Duval 20:32 (496 finishers)



January 24: parkrun 5km, Wimbledon Common

1 Benjamin Le Grand (HW debut) 16:44 (**HW 2009 leader**). **Other HW:** 5 Graham Buscke (2C) 17:49; 7 Andrew Davies (2C) 18:46; 18 Stephanie Robson (1st W) 19:52; 25 Yuzo Saito 21:27; 27 Mark Bohan 21:35; 30 Michaela Knespl 21:42; 31 Rebecca Stone 21:42 (100 finishers)

Benjamin Le Grand, HWs recent signing during the 'January Window' cruising to victory on Wimbledon Common

Photo by Ray O'Donoghue

January 24: Kingston & Polytechnic Schools Invitation, Richmond Park

U13 Boys (2.5km)

1 Patrick Lucas (John Fisher) 7:58; 2 Max Cooper (HW/Rokeby) 8:35 (32 finishers)

U13 Girls (2.5km)

1 Lucy Scotts (Putney High) 9:25. **HW:** 8 Katie Lampl (Putney High) 10:15; 13 Ellie Stewart (Putney High) 10:44 (21 finishers)

January 24: Midland Cross Country Championships

Senior Men

1 Phil Nicholls (Tipton H) 36:26. **HW:** 308 Colin Bricher (2C) 69:38 (309 finishers)

January 24: Snow + Rock G3 Run 10km Multi Terrain, Newlands Corner, Guildford

1 John Dewey (Guildford & Godalming AC) 39:49. **HW:** 226 Patrick Stone 65:48 (327 finishers)

January 25: Perch 6.25 Miles Multi Terrain, Epsom Downs

1 Vincent Van Woerkom (Epsom Oddballs) 37:31. **HW:** 10 Gary Blesson 39:46 (595 finishers)

January 25: Heartbreak Half Marathon, Multi Terrain, New Forest

1 Zippy Grice (Stubbington Green) 89:44. **HW:** 54 Yuzo Saito 1:54:22 (222 finishers)

January 24: Northern Championships, Sherdley Park, St Helens

Men (12km)

1 Steven Vernon (Stockport H) 34:18. **HW:** 357 Neil Robson (2C) 48:00 (604 finishers)

January 25: Barretts Canterbury 10-mile Road Race, Kent

1 Adrian Mussett (Colchester H) 52:30. **HW:** 289 Dennis Williams 80:22 (736 finishers)

January 25: Sutton & District AC Indoor Open Meeting, Sutton Arena

Women

60: (Round 1 - race 2): 3 Emily Martin 7.90. **(Round 2 – race 12):** 4 Emily Martin 7.93. **(Round 3 – race 9):** 4 Emily Martin 7.90

January 28: London Schools Championships, Parliament Hill Fields

Inter Boys

1 Liam White (HW/Cardinal Vaughan) 18:22; 2 Lewis Lloyd (Herne Hill H/Dulwich College) 18:40 (103 finishers)

Junior Girls

1 Sasha Tory (Latymer) 10:22. **HW:** 10 Ella Dobson (Queensgate) 11:33 (165 finishers)

January 28: London Colleges League, Cross Country, Prospect Park, Reading, Berks

Women (2.4 miles)

1 Sara Luck (Kings College Un) 12:47. **HW:** 13 Tamsin Cargill (Imperial College) 15:43 (27 finished)

January 30: Serpentine RC Last Friday of the Month 5km, Hyde Park, London

1 Kevin Quinn (Aldershot, F&D) 15:17. **HW:** 153 Ian Isherwood 25:04; 159 Georgina Stubbs 26:04 (202 finishers)

January 31: East Surrey League Cross Country Relays, Wimbledon Common Seniors (4x1.95-miles)

1 Herne Hill H 'A' 38:31 (Record) (Tim Elsey 9:40; Benedict Whitby 9:24 (rec); Kevin Quinn 9:31; Keith Newton (M40) 9:56 (M40 rec). **HW 'A'** 6th 45:45 (Phil Glynn 11:02; Kieran White 9:43; Hugh Saxby (M50) 11:11; Mike Kortenaar (M60) 13:49); **10 HW 'B'** 52:04 (Dennis Williams (M60) 14:06; Frank Wood (M40) 12:44; Dave Betts (M55) 12:24; Geija Castro 12:50); **15 CUBA 'B' (Women)** 55:54 (Rossmery A Hinsu 11:44; Meilin Lanz 14:32; Rosemary McBeath 10:12; Dayrina Sotolongo 19:26)

Incomplete Teams:

Hercules Wimbledon AC 'C' (Rory McMahon 10:21)

League positions after two matches:

1 Herne Hill H 23; 2 Epsom & Ewell 20; 3= Herne Hill B/Hercules Wimbledon 19

Young Athletes (3x1.95-miles)

1 CUBA 'A' 31:55 (Yosvany Rodriguez (U17M) 10:12; Moises Alvarez (U17M) 10:24; Jose Leonard (U17M) 11:19)

Incomplete Teams:

CUBA (Lazan Emilio Mustelier 11:57; Emusto Reve 15:16). **HW:** (Joe Clark (U15B) 11:00; Bradlee Mulroe (U15B) 11:42)

League positions after two matches: 1 Epsom & Ewell 23; 2 Hercules Wimbledon A 20; 3 Herne Hill H 18

Full results: <http://herculeswimbledonac.org.uk/results.htm#31/01>

January 31: Southern Masters Cross Country Championships, Biggleswade, Beds

M40

1 Ben Reynolds (Thames H&H) 32:03. **HW:** 26 Jonathan Dobson 34:46 (118 finishers)

January 31: Southern Inter County Cross Country, Biggleswade, Beds

U17 Men

1 John McDonnell (Beds/Luton AC) 15:26; 2 Liam White (HW/Surrey) 15:41 (31 finishers)

U15 Boys

1 Peter Chambers (Surrey/Croydon H) 13:35. **HW:** 8 Ed Saywell (Surrey) 14:02 (40 finishers)

TEAM: 1 Surrey 23; 2 Essex 27; 3 Hampshire 30

U13 Girls

1 Ruth Bourne (Surrey/Windsor SEH) 10:36. **HW:** 23 Eleanor Smith-Hahn (Surrey) 11:24 (45 finishers)

January 31: parkrun 5km, Bushy Park, Teddington

1 Mike Trees (Belgrave H) 16:09. **HW:** 3 Neil Aitken (2C) 16:58; 7 Graeme Buscke (2C) 17:17; 36 Steve Badgery 19:30; 56 Martin O'Halloran 20:04; 77 Yuzo Saito 20:46 (442 finishers)

January 31: parkrun 5km, Wimbledon Common

1 Mike Cummings (Herne Hill H) 16:48; 2 Jon Fairs (2C) 16:56. **Other HW:** 4 Andrew Davies (2C) 18:48; 11 Naomi Warner (1st W) (2C) 19:35; 20 Mark Bohan 20:54; 25 Adam Fenton (2C) 21:29 (117 finishers)

January 31: Blackheath v Ranelagh Mob Match, 7.5 miles, Hayes, Kent

1 Chris Illman (Ranelagh H) 45:44. **HW:** 4 Alex Bruce-Littlewood (2C) 50:31; 53 Stuart Littlewood 64:14 (89 finishers)