

HW Results February 2009

February 1: Watford Half Marathon, Herts

1 Hicham Ettaichmi (unattached) 68:18. **HW:** 161 Stewart Bond 88:41 (**HW 2009 leader**) (1872 finishers)

February 1: Mornington Chasers 10km road, Regents Park, London

1 Tim Prendergast (Woodford Green) 33:30. **HW:** 68 Tom Morris 43:04; 154 Tomofumi Kikugawa (2C) 47:34; 202 Angela Kikugawa (2C) 52:34 (312 finishers)

February 1: Merton Borough Mini Marathon Trials, approx 3.8km, Wimbledon Park

Boys 15-17

1 Andrew Penney (HW) 12:34; 2 Joe Toomey (HW) 12:45; 3 Geordie Logan (HW) 12:54; 4 Ed Saywell (HW) 13:37; 5 Alex Robinson (HW) 13:50; 6 Charlie Carrington (HW) 13:56

Boys 13-14

1 Joe Clark (HW) 14:18. **Other HW:** 3 Bradlee Mulroe 14:43; 8 James Russell 16:54; 12 Ben Palmer 18:23; 13 Louis Laville 20:18; 14 Oliver Moulton 20:43

Boys 11-12

1 Elliott Laville (HW) 17:31; 2 Aaron Jones (HW) 17:53

Girls 15-17

1 Caroline Hicks (HW) 17:31. **Other HW:** 5 Niamh Wilson 19:34

Girls 11-12

1 Rebecca Stone (HW) 16:42. **Other HW:** 10 Josie Clough 21:09

February 1, Wandsworth Borough Mini Marathon Trials, Battersea Park

Boys 13-14

1 Caspar Dickinson 12:28.31. **HW:** 9 Oliver Reilly 15:14.57

Boys 11-12:

1 Charlie Grainger 14:06.72. **HW:** 5 Connor McFarlane 14:04.55; 7 Hallam Rowan 15:11.41; 8 Tom Robinson 15:31.70; 12 Thomas McCahon (HW) 16:40.39

U11 Boys

1 Callum Hampson-Evans 9:19.54. **HW:** 20 Oliver Livingstone 10:47.46

Girls 15-17

1 Apolline Lambert 13:46.28. **HW:** 3 Kate Buchanan 14:29.35

Girls 13-14

1 Alex West (Herne Hill H) 13:34.54; 2 Maire Gilmartin 14:16.16. **Other HW:** 4 Constance Rose 14:24.57; 5 Jessica Wood 14:28.57

Girls 11-12

1 Emma Headley (HW) 13:34.54. **Other HW:** 16 Sydney Henderson 17:42.61; 18 Georgina Prescott 19:45.26

February 1: Dewsbury 10km Road Race,

1 Matthew Bowser (Lincoln Wellington AC) 30:26. **HW:** 169 Neil Robson (1st M60 - 2C) 40:37 (**HW 2009 leader**)

February 1: Watford Harriers U14 Junior Challenge 2,5km, Herts

1 Adam Wilmshurst 9:20. **HW:** 7 Alex Bond (3rd U12) 10:09 (103 finishers)

February 4: Royal Air Force Championships, RAF Halton, Buckinghamshire

1 Ben Livesey (RAF Kinloss/Forres H) 33:06. **HW:** 4 Kieran White (RAF Benson) 34:20 (Men - 57 finishers)

February 7: Sweatshop Surrey League, Division 1, March 4, Ham Fields

Seniors

1 Benedict Whitby (Herne Hill H) 26:40. **HW:** 13 James Trapmore 28:28; 19 Kieran White 29:02; 26 Aidan Hogan 29:22; 32 Mike Halman 29:40; 35 Andrew Penney 29:58; 50 Jamie Helmer 30:53; 67 Phil Glynn 31:49; 71 Stuart Fraser 32:14; 76 Hugh Saxby 32:25; 96 Peter Lee 33:30; 101 Alex Robinson 33:42; 107 Arnaud Claverie 34:08; 109 Deyan Knespl 34:13; 130 James Greene 36:01; 143 Terry Savage 37:24; 144 Frank Wood 37:25 (167 finishers)

Overall U20 Champion: Alex Robinson (HW)

TEAM: 1 Herne Hill H 114; 2 Thames Hare & Hounds 205; 3 Reigate Priory 389; 4 Hercules Wimbledon 413; 5 Dorking Mole Valley 486; 6 Belgrave H 498; 7 Ranelagh H 651; 8 Stragglers 659; 9 South London H 680

Final League positions: 1 Herne Hill H 565; 2 Thames Hare & Hounds 761; 3 Hercules Wimbledon 1699; 4 Belgrave H 2046; 5 Ranelagh H 2051; 6 Reigate Priory 2080; 7 South London H 2138; 8 Dorking Mole Valley 2153; 9 The Stragglers 2527

U17/U15

1 Liam White (HW) 17:29; 2 Will Robinson (Reigate) 18:18. **Other HW:** 4 Ed Saywell (2nd U15) 14:52; 7 Joe Clark (3rd U15) 19:31; 10 Bradlee Mulroe 20:58; 13 Dean Belhaj 21:40

Overall U17 Champion: Liam White (HW)

TEAM: 1 Hercules Wimbledon 32; 2 Herne Hill H 84; 3 South London H 80

Final League position: 1 Hercules Wimbledon 104; 2 South London H 277; 3 Herne Hill H 281

U13

1 Jack Wyllie (Dorking) 19:27. **HW:** 4 Tim Livingstone 20:03

TEAM: 1 Dorking Mole Valley 69; 2 South London 73; 3 Herne Hill H 91.5; 4 Hercules Wimbledon 114

Final League positions: 1 South London H 170; 2 Dorking Mole Valley 371; 3 Herne Hill H 382.5 4 Hercules Wimbledon 471

Link to full results: <http://www.stragglers.org/results/index.htm>



James Trapmore gets off to a 'flyer' in the Senior race *Photo by Ray O'Donoghue*



Liam, Joe, Tim and Ed among the speedy starters in the Surrey League YA race
Photo by Ray O'Donoghue

February 7: parkrun 5km, Bushy Park, Teddington

1 Noel Stoddart (St Mary's Richmond AC) 16:30. **HW:** 35 Steve Badgery 19:43; 119 Barry King 22:43 (368 finishers)

February 7: parkrun 5km, Wimbledon Common

1 Rory McMahon (HW) 18:39. **Other HW:** 4 Andrew Davies (2C) 19:04; 18 Anna Garnier (2C) 22:27; 21 Mark Bohan 22:46; 22 Adam Fenton (2C) 22:50; 34 Rebecca Stone 24:04; 70 Angela Kikugawa 33:03 (74 finishers)

NB: times a bit slower than usual due to treacherous conditions underfoot

February 7: Surrey Ladies League, Lloyd Park

Race cancelled: now on February 28

February 7: Sweatshop Surrey League, Division 4, Match 4, Wimbledon Common

1 Tom Mendum (Haslemere Border) 29:40. **HW:** 2 Neil Aitken (2C) 30:14; 5 Graeme Buscke (2C) 31:38 (87 finishers)

February 8: Sportshall South East Regional Final, Olympos, Burgess Hill, Sussex U15 Boys

6 Nathan Safo-Barnieh (Surrey) 126 points). **2-lap race:** 4th 22.8. **Speed Bounce:** 5th 86. **STJ:** 6th 7.32

9 Jose Costa (Surrey) 114. **4-lap relay:** 2nd 49.2. **SP:** 9th 9.97. **STJ:** 10th 7.13

TEAM: 1 Surrey AA 672

U13 Boys

4= Oliver Reilly (Surrey) 30: **4-lap race:** 2nd 53.2 (also 53.6). **SP:** 8th 7.60

TEAM: 1 Surrey AA

U13 Girls

6-lap race: 4 Eleanor Smith-Hahn (Surrey) 1:28.9. **Speed Bounce:** 11= Eleanor Smith-Hahn 70

TEAM: 2 Hampshire 607 ... 3 Surrey 584

February 11: Bridges Handicap 2.3 miles Road, Westminster Bridge

Fastest: 1 Darryl Carter (Ironhead Racing) 12:45. **HW:** 22 Dennis Williams 16:32; 34 Kevin Burnett (2C) 22:35

February 14: parkrun 5km, Bushy Park, Teddington

1 Anthony Jackson (Sittingbourne Striders) 16:56. **HW:** 18 Steve Badgery 18:54; 39 Martin O'Halloran 19:39; 57 Martin O'Halloran 19:39; 57 Camille Duval 20:17; 66 Francesca Clarke 20:43; 68 Dave Clarke 20:44 (382 finishers)

February 14: parkrun 5km, Wimbledon Common

1 Mike Cummings (Herne Hill H) 16:66. **HW:** 4 Andrew Davies (2C) 18:24; 22 Anna Garnier (2C) 21:34; 67 Georgina Stubbs 26:25 (94 finished)

February 14: Imperial College Road Relays, Hyde Park

HW competitors (5.164km)

Rory McMahon 17.11 (2nd leg for UCLAN2)
Tim Bartley 22.13 (2nd leg for Imperial College 2)
Dennis Williams 22.46 (4th leg for IC Old Boys)
Ian Isherwood 25.21 (5th leg for IC Old Boys)
Steve Webb 28.09 (6th leg for IC Old Boys)

Women (3.464km)

Tamsin Cargill 14:03 (1st leg for Imperial College)

February 14: Apex Sports Chiltern League, Stockwood Park, Luton

1 Adam Bowden (Harrow) 33:10. **HW:** 6 Kieran White 35:20 (147 finishers)

February 14: Birmingham League, 6.3 miles, Plock Court, Gloucester

1 Jean Ndayisenga (Birchfield H) 34:27. **HW:** 187 Colin Bricher (2C) 61:48 (188 finishers)

February 14: parkrun 5km, Richmond Park

1 Jake Shelley (Shaftesbury Barnet) 16:08; 2 Mike Halman (HW) 16:54. **Other HW:** 5 Naomi Warner (2C) 18:29 (**HW W 2009 leader**) (99 finishers)

February 14: Kent League, Swanley

1 Dean Lacy (Cambridge H) 30:44. **HW:** 11 Alex Bruce-Littlewood (1st U20) (2C) 32:49 (100 finishers)

February 14: Metropolitan League, Horsenden Hill, Perivale, Middx

1 Ollie Laws (Newham) 31:13; 2 James Trapmore (HW – 2C) 31:15

February 14: Imperial College Road Relays, Hyde Park

Women (3.464km)

HW: Tamsin Cargill 14:03 (1st leg for Imperial College)

February 15: 26.2 Club Valentines 10k, Chessington, Surrey

1 Nick Hodges (Dorking Mole Valley) 32:34. **HW:** 3 Neil Aitken (2C) 33:49 (**HW 2009 leader**); 16 Graeme Buscke (2C) 36:01; 21 Andrew Davies (2C) 36:50; 66 Steve Badgery (1st M60) 40:09; 79 Terry Savage 40:48 (592 finishers)

February 15: Bramley 20 mile Road Race, Reading, Berks

1 John McFarlane (Thames H&H) 1:47:06. **HW:** 5 Mike Halman 1:53:10; 36 Jon Fairs (2C) 2:02:35; 179 Peter Giles 2:22:02 (839 finishers)

February 16: Tunbridge Wells Half Marathon, Kent

1 Florian Neuschwander (Unattached) 68:48. **HW:** 35 John Querstret (2C) 84:16; 587 Simon Cox 1:46:05 (1614 finishers)

February 21: 'National' Cross Country Championships, Parliament Hill Fields Senior Men (12km)

1 Frank Tickner (Wells H) 38:02. **HW:** 71 James Trapmore (2C) 42:07; 192 Belal Aly 45:10; 252 Mike Halman (2C) 46:11; 295 Justin Kelly 46:58; 381 Jonathan Dobson 48:03; 386 Jamie Helmer 48:08; 394 Richard Xerri 48:18; 395 Peter Lee 48:19; 405 Rory McMahon 48:27; 424 Stuart Fraser 48:44; 679 Deon Coetzee 52:24; 1118 Frank Wood 59:28; 1446 Colin Bricher (2C) 80:11 (1455 finishers)

TEAM (6-to-score): 1 Newham & Essex Beagles 214 ... 30 Hercules Wimbledon 2043 (112 teams closed in)

TEAM (9-to-score): 1 Newham & Essex Beagles 537 ... 20 Hercules Wimbledon 3551 (46 teams closed in)

Junior (U20) Men (10km)

1 Nick Goolab (Belgrave H) 34:09. **HW:** 44 Alex Bruce-Littlewood (2C) 37:43; 113 Andrew Penney 40:37; 136 Alex Robinson 42:26 (173 finishers)

U17 Men (6km)

1 Jonny Hay (Aldershot, Farnham & District) 19:55. **HW:** 18 Liam White 21:13; 132 Joe Toomey 23:27; 167 Geordie Logan 24:06 (285 finishers)

U15 Boys (4.5km)

1 Harvey Dixon (Aldershot, F&D) 15:26. **HW:** 81 Ed Saywell 17:10; 164 Joe Clark 18:07; 307 Bradlee Mulroe 19:35; 390 Oliver Reilly 23:47 (398 finishers)

TEAM: 1 Tonbridge AC 123 ... 40 Hercules Wimbledon 942 (47 teams closed in)

Senior Women (8km)

1 Hatti Dean (Hallamshire H) 29:34. **HW:** 95 Claire Grima 35:06; 147 Zoe Pike 36:51; 236 Estle Viljoen 39:08; 312 Tamsin Cargill 41:23 (546 finishers)

TEAM: 1 Charnwood AC 49 ... 32 Hercules Wimbledon 790 (63 teams closed in)

NOTE: This was the first time ever that HW have finished a Senior Women's team in the 'National'

Full results here:

http://www.englishcrosscountry.co.uk/index.php?option=com_content&task=view&id=39&Itemid=48



The HW Women's Team of Zoe, Claire, Estle and Tamsin, with Team Manager Janet and supporter Marilena after their history making run in the National



Liam in full stride on his way to a magnificent 18th place in the U17 event: arguable the best HW performance of the day.

Photo by Ray O'Donoghue

February 21: parkrun 5km, Bushy Park, Teddington

1 James Lock (Thames Turbo Tri) 16:31. **HW:** 30 Camille Duval 19:17; 32 Steve Badgery 19:21; 59 Martin O'Halloran 20:08 (452 finishers)

February 21: parkrun 5km Richmond Park

1 Dan Afshar (Unattached) 17:35. **HW:** 36 Stephen McDuell 22:41 (101 finishers)

February 21: parkrun 5km, Wimbledon Common

1 Jon Fairs (HW – 2C) 17:00; 2 Michael Halman (HW) 17:08. **Other HW:** 12 Stewart Bond 19:30; 45 Dennis Williams 22:51; 57 Shelley Cleghorn 23:38; 74 Ian Isherwood 24:52 (119 finishers)

February 22: Sussex Beacon Half Marathon, Brighton

1 James Baker (Chichester R) 70:19. **HW:** 11 Neil Aitken (2C) 76:37 (**HW 2009 leader**); 21 Graeme Buscke (2C) 78:51; 97 Naomi Warner (2C – missed start) 82:27 (**HW W 2009 leader**); 460 Tom Cheetham 93:39 (4613 finishers)

February 22: Bourton-on-the Water 10km Road, Gloucs

1 Kevin Skinner (Newham &EB) 29:50. **HW:** 90 Gerard Crispie (2C) 38:05 (459 finishers)

February 22: Valencia Marathon, Spain

1 Andres Martinez (Spain) 2:26:43. **HW:** 795 Yuzo Saito 3:22:21

February 25: London Colleges League, Cross Country, Uxbridge, Middlesex Men (4.2 miles)

1 Mitch Goose (St Mary's) 21:19. **HW:** 44 Tim Bartley (Imperial College) 27:29

Women (2.1 miles)

1 Sara Luck (Kings College) 11:57. **HW:** 7 Tamsin Cargill (Imperial College) 13: 41

February 25: Inter Services Cross Country Champs, Blandford, Dorset

1 Ben Livesey (RAF/Forres H) 32:38. **HW:** 10 Kieran White 34:31.

February 27: Brooks Last Friday of the Month 5km Road, Hyde Park

1 Stephen Dawes (Guernsey AC) 15:48. **HW:** 168 Georgina Stubbs 25:37 (206 finishers)

Georgina, one of our newest members, giving her HW vest its debut airing when competing in Hyde Park



February 28: Surrey Ladies League, Division 2, Match 4, Lloyd Park, Croydon Seniors

1 Emily Alden (Epsom & Ewell) 22:00. **HW:** 3 Stephanie Robson 24:13; 8 Estle Viljoen 25:36; 14 Elle Benedict (2nd U20) 26:20; 44 Rowena Hornshaw 30:16 (87 finishers)

TEAM: 1 Clapham Chasers 89; 2 Hercules Wimbledon 166; 3 Waverley H 172

Note: HW senior women's highest ever team position in Surrey Ladies League

Final League positions: 1 Clapham Chasers 281; 2 Ful-on-Tri 569; 3 Runnymede Runners 605 5 Hercules Wimbledon 836

Overall League Veterans Champion: 1 Estle Viljoen

In Div 1 match: 44 Anna Garnier (2C) 25:46

U13

1 Alex West (Herne Hill H) 12:31. **HW:** 7 Ella Dobson 13:22; 9 Maire Gilmartin 13:25; 29 Olivia Hogan 16:12; 30 Sydney Henderson 16:12

TEAM: 1 Reigate Priory 21; 2 Herne Hill H 32; 3 Sutton & Dist 52; 4 Hercules Wimbledon 79

Final League positions: 1 Reigate Priory 117; 2 South London H 173; 3 Hercules Wimbledon 204

Overall U13 Champion: 1 Elaenor Smith-Hahn



The much improved Ella running towards a fine 7th place in the Surrey League U13s race

Photo by Ray O'Donoghue

February 28: Inter Club 5.75-miles V Bank of England etc, Richmond Park, Roehampton

1 Phil Killingley (Ranelagh H) 36:24. **HW:** 12 Hugh Saxby 39:38; 22 Frank Wood 40:48; 24 Joe Clark 41:35; 29 Vince Watmon 42:50 (44 finishers)

TEAM (4-to-score): 1 Ranelagh H 17; 2 Ealing, Southall & Middx 19; 3 Hercules Wimbledon 87; 4 Bank of England 109

Note: In spite of numerous runners going off course and subsequently running over-distance, the result will stand

February 28: parkrun 5km Bramall Park, Cheshire

1 Rob Downs (Wilmslow RC) 16:28. **HW:** 96 Ian Isherwood 25:03 (180 finishers)

February 28: parkrun 5km, Bushy Park, Teddington

1 Neil Dougal (Thames Valley H) 15:32. **HW:** 34 Steve Badgery 19:10; 54 Camille Duval 19:49; 157 Barry King 22:39 (470 finishers)

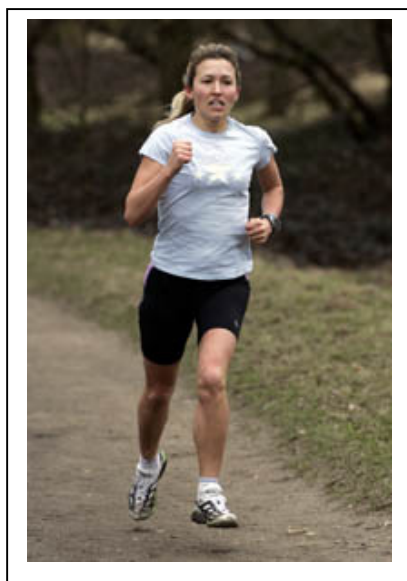
February 28: parkrun 5km, Richmond Park

1 Matt Furber (Crawley AC) 16:36. **HW:** 17 Stephen McDuell 20:38 (117 finishers)

February 28: parkrun 5km, Wimbledon Common

1 Mike Halman (HW) 16:30 (**HW 2009 leader**). **Other HW:** 3 Rory McMahon 17:45; 4 Darren Meredith (HW debut) 17:48; 5 Andrew Davies (2C) 17:54; 6 Alex Robinson 17:57; 9 Claire Grima (1st W) 18:38; 10 David Grima 18:58; 31 Adam Fenton (2C)

21:16; 32 Tim Bartley 21:18; 39 Mark Bohan 21:38; 77 Alice Village 24:49 (133 finishers)



Mike and Claire, respective male and female winners on Wimbledon Common
Photos by Ray O'Donoghue

February 28: Ranelagh Cup Schools Race, Richmond Park, Petersham

1 Max Kiralyfi (Winchester) 20:41. **HW:** 3 Andrew Penney (Kings College) 21:06; 9 Joe Toomey (Epsom College) 22:26; 25 Tommy Village (Kings College) 23:29 (141 finishers)

February 28: Blackheath v Orion Mob Match 7.5 miles, Hayes, Kent

1 Alex Bruce-Littlewood (HW-2C) 46:58. **Other HW:** 72 Stuart Littlewood 62:31 (101 finishers)

**February 28: Southern Schools Inter County Championship, Bexley, Kent
Year 7 Girls (2.55km)**

1 Leigh Clarke (Surrey) 10:09. **HW:** 12 Eleanor Smith-Hahn (Surrey) 10:52; 16 Emma Headley (Surrey) 10:57; 37 Rebecca Stone (Surrey) 11:22 (77 finishers)

February 28: Kingston Borough Mini Marathon Trials, Bushy Park, Teddington

Boys: 1 George Corcoran 13:47; 2 Tim Livingstone (HW) 13:49. **Other HW:** 16 Max Cooper 14:51 (39 finishers)