

HW Results February 2008

February 2: East Surrey League XC Relays, Wimbledon Common

Seniors (4x3.11km): 1 Hercules Wimbledon 41:07 (Arnaud Claverie 10:23, Mike Halman 9:59, Naomi Warner (fastest woman) 11:07, Richard Xerri 9:38 - fastest lap); 14 Hercules Wimbledon 'B' 51:23 (Frank Wood 12:11, Dave Betts 12:22, Dennis Williams 13:51, Mike Korttenray 12:59); Hercules Wimbledon 'C' (incomplete): Tom Cheetham 13:44

League positions after 2 events: 1 Epsom & Ewell H 20; 2 Hercules Wimbledon 22; 3 Croydon H 17

U15/U17 (3x3.11km): 1 Hercules Wimbledon 32:58 (Ed Saywell 11:39; Charlie Carrington 11:26; Liam White 9:53 – fastest lap); Hercules Wimbledon 'B' (incomplete): (Will Spooner 11:56; James Blower (HW debut) 13:51)

League positions after 2 events: 1 Hercules Wimbledon 24; =2 Epsom & Ewell H/Herne Hill H 21

U13 (3.11km): 1 Jack Wyllie (Dorking & Mole Valley) 11:27. **HW:** 4 Tim Livingstone 12:19; 9 Jesse Buchanan (HW debut) 13:44; 12 Ben Palmer (HW debut) 15:27

TEAM: 1 Herne Hill H 14; 2 Epsom & Ewell H 20; 3 Hercules Wimbledon 25

League positions after 2 events: 1 Herne Hill H 24 ... 6 Hercules Wimbledon 10

February 2: British Universities Cross Country Championships, Swansea

Men (10.4km): 1 Andy Vernon (St Mary's) 33:16. **HW:** 117 Adam Przedzimirski (Essex Un) 39:11 (254 finishers)

Men ('B' race) (7.8km): 1 Frank Baddick (Loughborough Un) 26:38. **HW:** 136 Neil Fraser (Loughborough Un) 31:26 (240 finishers)

Women (6.9km): 1 Steph Twell (St Mary's) 23:45. **HW:** 141 Amandine King (Durham Un) 30:23 (278 Finishers)

February 2: South of England AA Masters XC Championships, Ruislip

M40: 1 Keith Newton (Herne Hill H) 33:04. **HW:** 43 Jonathan Dobson 36:54

M50: 1 Nigel Gates (Brighton & Hove) 33:39. **HW:** 13 Hugh Saxby 36:54

M60: 1 Ian Barnes (Poole Runners) 38:12. **HW:** 4 Steve Badgery 38:58

February 2: Battle of Beantown Indoor Meeting, Allston, MA, USA

Women's 3000m: 6 Medena Knespl 10:02.38 (3rd HW SW a-t)

February 2: Bushy Park 5km Time Trial, Teddington

1 Clive Bromhall (Bristol & West AC) 16:37. **HW:** 96 Barry King 21:48 (388 finishers)

February 2: Wimbledon Common 5km Time Trial

1 John Moore (Heaton H) 16:57. **HW:** 21 Mike Korttenray 21:03; 35 Alastair Brown 22:01; 43 Alice Village 23:08; 44 Mike Fuller 23:12 (84 finishers)

February 3: Asics Watford Half Marathon, Herts

1 James Lawler (Bedford & County) 70:24. **HW:** 18 Justin Kelly 76:13; 37 Deon Coetzee 80:36; 212 Stewart Bond 91:10 (1794 finishers)

TEAM: 1 St Alban's Striders 31 ... 8 Hercules Wimbledon 241

February 3: Pontypridd Roadents Reverse 10-mile Road, Wales

1 Nathaniel Lane (Cardiff AAC) 51:13. **HW:** 27 Gerard Crispie (2C) 63:14

February 5: Crystal Palace Canter, London, SE19

HW: 3 Stuart Littlewood 20:06; 9 Mike Fuller 21:30; 10 Dennis Williams 21:35
(20 finishers)

February 8: Crook Log Handicap 5km, Bexleyheath, Kent

HW: Stuart Littlewood 20:40 (3rd fastest)

February 9: Sweatshop Surrey Men's League, Division 1, Match 4, Richmond Park, Petersham

1 Steve Sharp (Belgrave H) 28:10. **HW:** 9 Hussein Ahmed Aly 29:37; 12 Belal Aly 29:52; 18 Aidan Hogan 30:13; 30 Richard Xerri 30:48; 43 Jamie Helmer 31:10; 51 Justin Kelly 31:37; 69 Phil Glynn 32:17; 88 Peter Lee 33:19; 89 Arnaud Claverie 33:20; 105 Hugh Saxby 34:12; 116 Steve Sinnott 34:56; 147 Frank Wood 37:12; 148 John Querstret 37:17; 156 Ed Reed 38:21; 165 Maurice Sharp 39:53; 167 Mike Stables 40:14; 177 Tom Cheetham 42:37

MATCH: 1 Herne Hill H 152; 2 Thames Hare & Hounds 185; 3 Hercules Wimbledon 423; 4 South London H 437; 5 Ranelagh H 437; 6 Belgrave H 500; 7 Guildford & Godalming 563; 8 Reigate Priory 637; 9 Wimbledon Windmilers 761

Final League positions: 1 Herne Hill H 730; 2 Thames Hare & Hounds 736; 3 Belgrave H 1519; 4 Ranelagh H 1559; 5 Hercules Wimbledon 1793; 6 South London H 2194; 7 Reigate Priory 2335; 8 Guildford & Godalming 2435; 9 Wimbledon Windmilers 3079

U7/U15: 1 Alex Robinson (HW) 16:08; 2 Geordie Logan (HW) (1st U15) 16:16.

Other HW: 5 Charlie Carrington 17:14; 11 Bradlee Mulroe 18:59; 13 Paul Stables 19:36; 15 Alex Watson 19:59

MATCH: 1 Hercules Wimbledon 32; 2 Herne Hill H 34; 3 South London H 89; 4 Ranelagh H 130

Final League positions: 1 Hercules Wimbledon 109; 2 South London H 218; 3 Herne Hill H 253; 4 Guildford & Godalming 538.5; 5 Ranelagh H 552

U13: 1 D Wynes-Devlin (Herne Hill H) 17:58. **HW:** 9 Tom McCahon 22:32; 10 Patrick McCahon 23:44

MATCH: 1 Herne Hill H 64; 2 Guildford & Godalming 70; 3 South London H 98; 4 Hercules Wimbledon 103

Final League positions: 1 Guildford & Godalming 199; 2 Herne Hill H 233; 3 Hercules Wimbledon 434; 5 Belgrave H 522

Full results: <http://www.ranelagh-harriers.com/results/080209m.html>

February 9: Surrey Ladies League, Division 2, Match 4, Richmond Park, Petersham

Senior Women: 1 Jo Rodriguez-Downs (Woking) 22:06. **HW:** 10 Amelia Lloyd 24:16; 71 Serena Brotherton (late start) (3rd U20) 29:27

MATCH: 1 Sutton Runners 64 ... 23 Hercules Wimbledon 522

Final League positions: 1 Woking AC 233 ... 18 Hercules Wimbledon 1761

U13 Girls: 1 Catie Callender (Guildford & Godalming) 13:18. **HW:** 3 Eleanor Smith-Hahn 13:31; 20 Maire Gillmartin 15:04; 35 Ella Dobson 16:17

TEAM: 1 Guildford & Godalming 40 ... 7 Hercules Wimbledon 111

Final League positions: 1 Guildford & Godalming 107 ... 6 Hercules Wimbledon 486

February 9: Surrey Ladies League, Division 1, Petersham

1 Emily Nelson (Epsom & Ewell H) 20:50; 2 Naomi Warner (Thames H&H – 2C HW) 21:02

February 9: London Love Run 10km, Battersea Park

1 Stuart Fraser (HW) 34:53 (**HW 2008 leader**); 2 Michael Marzetti 35:50 (1000+ finishers)

February 9: Bushy Park 5km Time Trial, Teddington

1 Danny Norman (Stragglers) 16:32. **HW:** 14 Steve Badgery 18:35; 72 Barry King 21:41; 124 Fred Green 23:47

February 9: Leeds Hyde Park 5km Time Trial, Yorkshire

1 James Metcalf (York Acorn RC) 16:21. **HW:** 3 Neil Robson (2C) 19:31 (1st M60!)

February 9: Wimbledon Common 5km Time Trial

1 Luke Howson (Unattached) 18:11; 2 Matt Fell (HW) 18:38. **Other HW:** 21 Alastair Brown 21:26 (97 finishers)

February 9: Imperial College Hyde Park Relays (5.164km)

Fastest: Tom Russell (University of Bristol) 15:12. **HW performances:** Adam Przedzimirski (Essex Un) 17.25; Tim Bartley (Imperial College) 22.17; Dennis Williams (Imperial College Old Boys) 22:37; Ian Isherwood (Imperial College Old Boys) 24:21

February 9: England Athletics Indoor Championships, Sheffield

60: Ht 4: 7 Emily Martin 8.08

February 9: New Balance Collegiate Indoor Invitation, the Armory, New York, USA

5000: 4 Medena Knespl (HW/Boston College) 17:45.80 (**HW SW record**)

February 9: Southern Counties Schools Championships, Paddock Wood, Kent

Senior Boys: 1 Daniel Sellman (Surrey) 20:19. **HW:** 18 Alex Bruce-Littlewood (2C) (Kent) 21:12; 54 Deyan Knespl (Surrey) 22:59

Inter Boys: 1 Alex Cornwall (Essex) 17:02. **HW:** 23 Joe Toomey (Surrey) 18:10

Junior Boys: 1 Harvey Dixon (Hants) 15:39. **HW:** 29 Ed Saywell (Surrey) 16:56

Senior Girls: 1 Lorna Russell (Hants) 19:09. **HW:** 27 Rosemary Fernando (Surrey) 22:25; 34 Jennifer Fernando (Surrey) 22:51

February 9: Brands Hatch Half Marathon, Kent

1 Julian Rendall (Tonbridge AC) 73:11. **HW:** 546 Kirstina Moore 2:26:37 (635 finishers)

Kirstina's final race in HW colours before returning 'home' to New Zealand

February 10: Borough of Wandsworth Mini Marathon Trials, Battersea Park

Boys 13-14: 1 Casper Dickinson 12:57.08. **HW:** 6 James Blower 15:10.95

Boys 11-12: 1 Zac Weller-Davies (Graveney Sch); 2 Tim Livingstone (HW) 13:31.20; 3 Dean Belhaj (HW) 13:40.45. **Other HW:** 8 Tom McMahon 15:18.67

U11 Boys: 1 James Bates 9:47.22. **HW:** 4 Oliver Livingstone 10:08.03; 6 Patrick McMahon 10:13.32

Girls 11-12: 1 Emma Headley (HW) 14:14.89. **Other HW:** 3 Marie Gilmartin 14:30.06; 5 Connie Rose 14:57.09; 7 Sophie Robinson 15:28.76; 10 Sydney Henderson 16:21.17

February 10: 26.2 RRC Valentines 10k Road Race, Chessington, Surrey

1 Gareth Price (Shaftesbury Barnet) 31:08. **HW:** 12 Chris Coles (2C) 36:24; 29 Dan Pescod (2C) 38:11; 80 Peter Giles (2nd M60) 42:26 (660 finishers)

February 13: Bridges Handicap 2.3 miles (road), Westminster

HW: Dennis Williams 16:13

February 16: Inter Club Match v Bank of England AC, Richmond Park, Roehampton – 5.75 miles

1 Mike Halman (HW) 31:06; 2 A Kotsyubka (Ealing, Southall & Middx) 31:53.

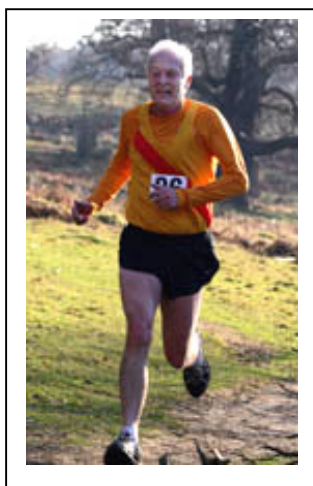
Other HW: 12 Jim Wallace* 36:17; 16 Ed Reed 38:07; 17 Dave Betts 38:20; 18 Frank Wood 38:46; 24 Bradlee Mulroe 40:03; 25 Yuzo Saito 40:09; 30 Marco Ciglia * 41:09; 35 Don Anderson* 41:57; 43 Alan Turner 43:12; 52 Jane Searle* 45:33; 56 Marcus Mulroe* 56:03

Note: * Guesting for HW

TEAM: (Scoring 4-a-side): =1 Ealing Southall and Middlesex/Ranelagh H 29; 3 Hercules Wimbledon 46; 4 Milocarians 104; 5 Bank of England 116; 6 Thames Turbo 128



Dave



Alan



Race winner Mike



On a glorious Saturday afternoon the Bank of England field begins to stretch out

Photos by Ray O'Donoghue

February 16: Banstead Woods 5km Time Trial

1 Simon Ford (Stragglers) 17:33. **HW:** 45 Rowena Hornshaw (3rd W) 24:20 (104 finishers)

February 16: Bushy Park 5km Time Trial, Teddington

1 James Trapmore (Shaftesbury Barnet – 2C HW) 15:47. **Other HW:** 46 Martin O'Halloran 19:56 (405 finishers)

February 16: Richmond Park 5km Time Trial

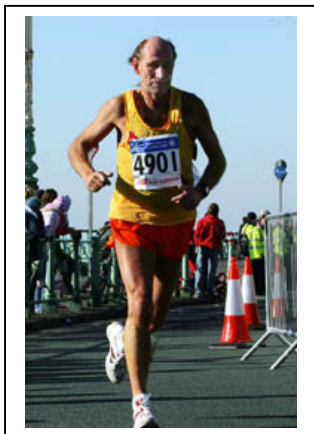
1 Christian Strzadala (Unattached) 16:55. **HW:** 22 Dave Clarke 20:54 (85 finishers)

February 16: Wimbledon Common 5km Time Trial

1 Ian Horrocks (HW) 17:13; 2 George Garnier (Unattached) 17:37; 3 Alex Robinson (HW) 17:59. **Other HW:** 35 Mike Fuller 22:28 (80 finishers)

February 17: Brighton Beacon Half Marathon, Sussex

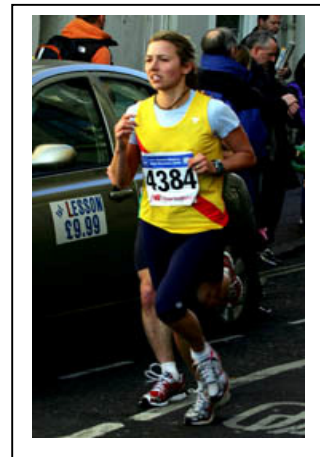
1 Dave Carter (Phoenix AC) 71:17. **HW:** 15 Stuart Fraser 77:46 (3rd M40); 22 Naomi Warner (2C – 1st W) 78:33; 32 Dion Harrison 80:26; 60 Steve Badgery (1st M60) 83:10 (**HW M60 record**); 110 Claire Grima (7th W) 85:54 (**3rd HW W a-t**); 136 Gerard Crispie (2C) 87:02; 304 Amelia Lloyd 91:20 (**9th HW W a-t**); 595 Tom Cheetham 98:02 (3714 finishers)



Steve on way to record



Naomi heading for victory



Claire

& tracked by Stuart

Photos by Ray O'Donoghue

February 17: Tokyo Marathon, Japan

1 Viktor Röthlin (Switzerland) 2:07:23. **HW:** Jonathan Dobson 3:09:33

February 17: London & South East Regional Sportshall Final, The Spectrum, Guildford, Surrey

HW members representing Surrey AA

U15 boys

Nathan Safo-Barechi: **2 lap:** 5th 24.6. **SP:** 4th 10.20. **STJ:** 9th 6.50

Jose Costa: **2 lap:** 5th 24.6. **SP:** 4th 10.2. **STJ:** 9th 6.50

Kyran Mitchell: **2 lap:** 6th 24.8. **Speed Bounce** 12th 58. **SLJ:** 10th 2.22

TEAM: 2 Surrey AA

U13 girls

Eleanor Smith-Hahn: **6 lap:** 4th 1:35.8. **SLJ:** 5th 2.11

TEAM: 1 Surrey AA

February 20: Armagh 5km Road Race, Northern Ireland

1 Christian Hesch (USA) 13:57. **HW:** 63 Richard Xerri 16:07 (**HW 2008 leader**)

February 23: National Cross Country Championships, Alton Towers

Senior Men: 1 Tom Humphries (Cannock & Stafford AC) 32:03. **HW:** 76 James Trapmore (2C) 35:30; 172 Mike Halman (2C) 37:16; 229 Belal Aly 38:08; 303 Justin Kelly 38:58; 335 Deon Coetzee 39:26; 353 Aidan Hogan 39:48; 403 Neil Fraser 40:32; 551 Phillip Glynn 42:43; 1239 Colin Bricher (2C) 65:25 (1244 finishers)

TEAM: 1 Leeds City 183 ... 29 Hercules Wimbledon 2174 (99 teams closed in)

U20 Men: 1 Lee Carey (Nuneaton) 27:19. **HW:** 99 Alex Bruce-Littlewood (2C) 32:14 (197 finishers)

U17 Men: 1 Daniel Clorly (Luton AC) 14:39. **HW:** 236 Charlie Carrington 18:13 (291 finishers)

U15 Boys: 1 Shaun Webb (Ipswich H) 11:25. **HW:** 167 Geordie Logan 13:34; 331 Alex Watson 15:43 (347 finishers)

February 23: Bushy Park 5km Time Trial, Teddington

1 Richard Ward (Belgrave H) 15:49. **HW:** 31 Steve Badgery 19:11

February 23: Richmond Park 5km Time Trial

1 Graham Brook (Stragglers) 17:10. **HW:** 5 Pete Clarke 18:41

February 23: Wimbledon Common 5km Time Trial

1 Martin Gaunt (Serpentine RC) 16:45; 2 Stuart Fraser (HW) 17:29; 3 Alex Robinson (HW) 17:43; 4 Gary Blesson (HW) 17:53. **Other HW:** 39 Thomas Cheetham 21:33; 46 Alastair Brown 22:21; 58 Alice Village 23:33 (103 finishers)



The HW trio of (l-r) Alex, Gary and Stuart on their way to a high placing in the Wimbledon Common Time Trial

Photo by Yuzo Saito

**February 23 (a)/24 (b): British Masters Indoor Championships, Lea Valley
M35**

60 (a): 3 Royden John 7.21 (in heat: 1st 7.22). **LJ:** 1 Royden John 6.87

M60

1500 (a): 3 Dennis Williams 5:50.34 (4th HW M60 a-t). **3000 (b):** 3 Mike Kortenaar 11:56.98 (5th HW M60 a-t); 5 Dennis Williams 12:19.78

February 24: Tunbridge Wells Half Marathon, Kent

1 Ben Noad (Highgate H) 69:48. **HW:** 44 John Querstret 85:14 (1361 finishers)

February 24: England Athletics Indoor Championships, Birmingham

U20 Men

LJ: 11 Jermain Olanan 6.54 (11th HW U20M a-t)

February 27: London Colleges Cross Country League, Ruislip, Middlesex

1 Jack Tyler (Brunel Un) 26:42. **HW:** 14 Adam Przedzymirski (Essex Un) 28:28 (64 finishers)

February 29: Last Friday of the Month 5km, Hyde Park

1 Dan Shane (Basildon AC) 15:27. **HW:** 101 Dennis Williams 22:01 (208 finishers)

February 29: Inter Services XC Championships (10.4km), HMS Raleigh, Cornwall

1 Matt Blunden (RAF) 35:37. **HW:** 20 Kieran White (RAF) 38:16