

HW Results April 2009

April 1: Highgate Harriers Open Meeting, Parliament Hill

3000: 2 Liam White 9:00.8 (2nd HW U17M a-t) (2nd UK 2009 rankings)

April 4: parkrun 5km, Bushy Park, Teddington

1 Neil Aitken (HW – 2C) 16:39. **Other HW:** 28 Steve Badgery 18:54; 31 Michael O'Halloran 19:01; 65 Martin O'Halloran 20:11 (397 finishers)

April 4: parkrun 5km, Wimbledon Common

1 Adam Vandenberg (HW) 16:48. **Other HW:** 5 Peter Lee 17:52; 6 Andrew Davies (2C) 18:04; 25 Mark Bohan 20:26; 30 Tim Bartley 21:01; 86 Dennis Williams 25:15; 96 Georgina Stubbs 27:20 (135 finishers)



After an injury laden winter, Adam makes a welcome return to racing with a clear cut win on Wimbledon Common

Photo by Peter Brunnen

April 4: South of England 12-stage Road Relay, Milton Keynes

Long Stage (7.978m)

Fastest: 1 Phil Wicks (Belgrave) 23:08. **HW (2C):** 18 James Trapmore 24:56; 121 Alex Bruce-Littlewood 26:56 (266 finishers)

April 5: Ebbisham Boy's League, Division 1, Kingsmeadow Stadium

Match result: 1 Croydon H 186.5; 2 Kingston & Polytechnic 140; 3 Herne Hill H 129; 4 Guildford & Godalming 122.5; 5 Hercules Wimbledon 87; 6 Aldershot, Farnham & District 55

U17 Men (n/s)

100: 2 Kyran Mitchell-Nanton 11.6. **200:** A 1 Jose Costa 24.9. **B:** 2 Kyran Mitchell-Nanton 23.7 (=26th HW U17M a-t). **400:** 1 Jose Costa 56.3; 2 Kyran Mitchell-Nanton 58.1

U15 Boys

100 A: 3 Spencer Felix Otoo 13.3. **B:** 4 Ejaz Mujoka 13.6. **200 A:** 5 Emmanuel Obayumawa 29.8. **B:** 2 Spencer Felix Otoo 27.0. **400 A:** 4 Ejaz Mujoka 63.9. **1500 A:** 2 Joe Clark 4:40.2 (28th HW U15B a-t). **800H A:** 5 Emmanuel Obayuwana 17.0. **4x200:** 3 Hercules Wimbledon 1:52.1 (J Clark, E Obayuwana, SF Otoo, E Mujoka). **DT:** 3 Joe Clark 19.39. **B:** 3 Spencer Felix Otoo 17.67

U13 Boys

100 A: 5 Luke Yates 14.8. **B:** 5 Tom Robinson 16.3. **n/s:** 1 Rushad Doomasia 16.1.
200 A: 6 Rushad Doomasia 33.0. **B:** 5 Alex Bond 32.2. **800 A:** 5 Tom Robinson
2:52.8. **B:** 4 Hallam Rowan 2:48.9. **1500 A:** 2 Alex Bond 5:34.9. **800H A:** 3 Jonathan
Dench 17.0. **4x200:** 4 Hercules Wimbledon 2:14.8 (L Yates, A Bond, R Doomasia, J
Dench). **HJ A:** 1 Hallam Rowan 1.25 (=32nd HW U13B a-t). **B:** 1 Luke Yates 1.20
(=37th HW U13B a-t). **LJ A:** 5 Jonathan Dench 3.56. **B:** 5 Alex Bond 3.19. **SP A:** 3
Jonathan Dench 4.63. **JT A:** 4 Hallam Rowan 13.58 (8th HW U13B a-t). **B:** 4 Tom
Robinson 11.59 (10th HW U13B a-t)

April 5: Kingston Breakfast Runs, Kingston-upon-Thames

16 miles

1 Tom Bedford (Shaftesbury Barnet H) 1:29:25. **HW:** 11 Stuart Fraser (1st M40)
1:37:37; 283 Tom Cheetham 1:57:58 (1906 finishers)

8 miles

1 Ben Whitworth (Woodford Green) 45:02. **HW:** 78 Francesca Clarke 57:13; 278
Marilena De Luca 65:04; 442 Nicola Craig 68:23 (1520 finishers)

April 5: Paris Marathon, France

1 Vincent Kipruto (Kenya) 2:06:47. **HW:** 666 Gerard Crispie (2C) 2:56:16 (HW 2009
leader) (25,281 finishers)

April 5: Bedford Harriers Oakley 20 mile Road, Bedford, Beds

1 Matthew Janes (Bedford & County) 1:48:10. **HW:** 70 Frank Wood 2:23:19 (789
finishers)

April 5: Worthing 20 mile Road, Sussex

1 Robbie James (Lewes AC) 1:55:12. **HW:** 14 Kwame Okojie 2:12:45; 26 Zoe Pike
(1st W) 2:16:43; 165 Mike Korttenray 2:47:29 (402 finishers)

April 5: Paddock Wood Half Marathon, Kent

1 William Levett (Tonbridge AC) 68:43. **HW:** 62 John Querstret (2C) 83:26 (1942
finishers)

April 5: Sri Chinmoy 10km Road, Christchurch, New Zealand

Women: 1 Sarah Toomey (NZL) 46:43. **HW:** 12 Kirstina Moore 56:26

April 7: East Surrey League Road Races, West Ewell

Seniors (4 miles)

1 Chris Busaileh (Herne Hill H) 22:06; 2 Alex Bruce-Littlewood (HW – 1st U20)
22:08; 3 Tim Elsey (Herne Hill H) 22:13; 4 Andrew Penney (2nd U20) 23:16. **Other**
HW: 8 Adam Vandenberg 23:38; 14 Phil Glynn 24:46; 18 Chris Coles 25:16; 19
Hugh Saxby (2nd M50) 25:21; 25 Claire Grima (1st W) 25:45; 37 David Grima 27:01;
41 Stewart Bond 27:18; 43 Zoe Pike 27:22; 53 Tom Morris 28:46; 72 Marilena De
Luca 32:13; 91 Kris Coles (W) 45:35 (92 finishers)
TEAM: 1 Herne Hill H 21; 2 Hercules Wimbledon 28; 3 Epsom & Ewell H 47 ... 6
Hercules Wimbledon 'B' 66 ... 13 Hercules Wimbledon 'C' 209
Final league positions: 1 Herne Hill H 47; 2 Epsom & Ewell H 41; 3 Hercules
Wimbledon 38 ... 10 Hercules Wimbledon 'B' 16

U17/U15 (2 miles)

1 Liam White (HW) 11:23. **Other HW:** 4 Joe Toomey 12:06; 5 Geordie Logan 12:16; 15 Joe Clark 13:01; 22 Bradlee Mulroe 14:13 (35 finishers)

TEAM: 1 Hercules Wimbledon 10; 2 Croydon H 15; 3 Herne Hill H 31

Final League positions: 1 Hercules Wimbledon 44; 2 Epsom & Ewell H 40; 3 Herne Hill H 38

U13 (2 miles)

1 Josh Haaz (Croydon H) 12:24. **HW:** 10 Alex Bond 15:24 (21 finishers)



Claire heading for victory in at Ewell and U17 race winner Liam follows Alex who went on to place 2nd in the Senior race as first U20

April 7: Crystal Palace Canter - approx 3 miles, London, SE19

1 Alex Yee (Crystal Palace Tri) 20:08. **HW:** 8 Dennis Williams 22:29; 13 Ian Isherwood 23:35 (18 finishers)

April 8: Bridges Handicap 2.3 Miles, Westminster Bridge

Fastest: 1 Dave Cox (Woodford Green) 13:16. **HW:** 12 Dennis Williams 17:14 (21 finishers)

April 10: Maidenhead Easter 10-mile Road Race

1 Anuradha Cooray (Vale of Aylesbury AC) 51:22. **HW:** 8 Kieran White 54:57 (**HW 2009 leader**) (1162 finishers)

April 10-12: Isle of Man Easter Festival

April 10: 10km Road Race

1 Keith Gerard (Manx H) 30:48. **HW:** 7 Alex Bruce-Littlewood (2nd U20) 32:34 (**HW 2009 leader**); 19 Liam White (1st U17) 34:28; 23 Mike Halman 34:38; 32 Joe Toomey (2nd U17) 35:40; 117 Stuart Littlewood 43:28; 119 Tom Upton 43:45; 121 Brad Jordan 43:52; 149 Ian Isherwood 50:47 (**12th HW M55 a-t**) (161 finishers)

TEAM: 1 Manchester Alehouse 10 ... 6 Hercules Wimbledon 49

April 11: Peel Hill Race

1 Matt Gillespie (Glasgow Un) 21:22. **HW:** 14 Alex Bruce- Littlewood 23:28; 26 Liam White 24:29; 31 Joe Toomey 24:33; 35 Mike Halman 24:56; 38 Rory McMahon 25:09; 84 Stuart Littlewood 31:09; 89 Brad Jordan 31:57; 95 Tom Upton 32:55; 103 Ian Isherwood 38:24 (107 finishers)

TEAM: 1 Cambridge University 33 ... 6 Hercules Wimbledon 71

April 12: 4x5km miles Road Relay

1 Manchester Alehouse 63:47 ... 5 Hercules Wimbledon 68:13 (Liam White 16:30, Joe Toomey 17:41, Mike Halman 16:42, Alex Bruce Littlewood 17:20); 22 Hercules Wimbledon 'B' 83:05 (Rory McMahon 17:30, Brad Jordan 21:46, Tom Upton 21:24, Stuart Littlewood 22:25); Hercules Wimbledon 'C' – Incomplete (Ian Isherwood 25:17)

Final standings: 1 Cambridge University 6; 2 Edinburgh University 7; 3 Manx Harriers 13; 4 Hercules Wimbledon 17 ... 12 Hercules Wimbledon 'B' 64

Full results here:

http://www.manxtimingsolutions.com/Results/2009/2009_ResultsMain.htm

April 11: parkrun 5km, Banstead Woods, Coulsdon, Surrey

1 Jason Simpson (South London H) 16:18. **HW:** 73 Rowena Hornshaw 24:18 (180 finishers)

April 11: parkrun 5km, Wimbledon Common

1 Jon Fairs (HW-2C) 16:45. **Other HW:** 3 Peter Lee 18:04; 64 Dennis Williams 24:16 (99 finishers)

April 11: parkrun 5km, Bushy Park, Teddington

1 Unknown runner. **HW:** 4 Neil Aitken (2C) 16:46 (406 finishers)

April 11: Chelmsford Open Meeting

U13 Girls

200: 3 Eleanor Smith-Hahn 28.7 (**7th HW U13G a-t**). **800:** 2 Eleanor Smith-Hahn 2:34.8. **HJ:** 2 Eleanor Smith-Hahn 1.25

April 11: Wanaka Half Marathon, New Zealand

Senior women: 1 Merryn Johnston (NZL) 82:47. **HW:** 19 Kirstina Moore 1:53:06

April 11: Windsor Asthma 10km

1 Edward Blake (St Albans Striders) 34:38. **HW:** 10 Steve Badgery (1st M60) 38:03 (312 finishers)

April 11: Spring Meet, Amherst, Mass, USA

5000: 2 Medena Knespl 17:49.46

April 12: Heart Dorney Lake 10km, Eton

1 Hassen Raidi (Belgrave H) 32:15. **HW:** 5 Deon Coetzee 37:15 (110 finishers)

April 13: Stanwick 10km Road Race, Northants

1 Matt Arnold (Coventry Godiva H) 31:20. **HW:** 198 Colin Bricher (2C) 53:51 (296 finishers)

April 14: Veterans AC 5-mile Road, Battersea Park

1 Gareth Jones (Oxford City) 31:21. **HW:** 5 Anna Garnier (2C) 33:52; 16 Dennis Williams 38:11; 26 Carmelina Hancock 51:21 (**HW W55 record**); 27 Kevin Burnett (2C) 52:43

April 18: Kinnaird Trophy, Kingsmeadow Stadium, Kingston

Match result: 1 Achilles 188; 2 Windsor, Slough, Eton & Hounslow 183; 3 Blackheath & Bromley 172; 4 Kingston & Polytechnic 147; 5 Hercules Wimbledon 110; 6 Epsom & Ewell 89; 7 Thames Valley H 88; 8 St Mary's Richmond 48

100 A: 3 Dwayne Dowding 11.38. **B:** 5 Richard Agyapong 11.67/-0.9. **n/s A:** Deji Alli 11.48/+3.2w. **B:** 3 Royden John 11.77/-1.0w; 4 Reece Morgan 11.93/-1.0w. **n/s C:** 7 Henry Husband 12.51/-1.6w; 8 Michael Adjei-Tabirade 15.61/-1.6w.

200 A: 2 Dwayne Dowding 22.3/+3.2w. **B:** 3 Richard Agyapong 23.01/+1.5w (**20th HW U20M a-t**). **n/s A:** 6 Henry Husband 25.06/+2.9w

400 A: 7 Adam Vandenberg 53.58. **B:** 6 Olu Oduwusi 54.29

800 A: 5 Adam Vandenberg 1:59.80

3000 A: 4 Kieran White 9:22.37. **B:** 2 Deon Coetzee 9:48.51. **n/s:** 3 Rory McMahon 9:47.88

400H A: 2 Rhodri Scanlon 60.88 (**25th HW SM a-t**)

2000SC A: 2 Rory McMahon 6:55.8

4x100: 5 Hercules Wimbledon 44.81 (J Saruchera, R Agyapong, R John, D Dowding). **n/s:** 1 Hercules Wimbledon 46.97: (O Oduwusi, R Morgan, H Husband, R McMahon)



Kieran, Deon and Rory make a formidable 3000m Kingston trio in the Kinnaird Trophy

Photo by Ray O'Donoghue

April 18: Sward Trophy, Kingsmeadow Stadium, Kingston

Match result: 1 Kingston & Polytechnic 192; 2 Achilles 170; 3 St Mary's Richmond 112; 4 Windsor, Slough, Eton & Hounslow 109; 5 Hercules Wimbledon 78; 6 Blackheath & Bromley 39; 7 Epsom & Ewell 32; 8 Thames Valley H 12

PV A: 4 Dominic Getting 2.60

LJ A: 3 Royden John 6.62. **B:** 2 Michael Adjei-Tabirade 5.87

TJ A: 5 Jimmy Saruchera 12.44

SP A: 5 John Brown 8.58. **B:** 5 Kevin Burnett 5.31

DT A: 6 John Brown 22.92. **B:** 5 Kevin Burnett 14.67

HT A: 4 John Brown 27.62. **B:** 3 Dominic Getting 20.30

April 18: parkrun 5km, Bramhall Park, Cheshire

1 Rob Downs (Wilmslow RC) 16:16. **HW:** 55 Anna Garnier (2C) 20:57 (300 finishers)

April 18: parkrun 5km, Bushy Park, Teddington

1 John Hutchins (Basingstoke & Mid Hants) 15:28. **HW:** 29 Steve Badgery 18:35; 97 Francesca Clarke 20:28; 98 Dave Clarke 20:28 (553 finishers)

April 18: parkrun 5km, Richmond Park

1 Toby Pearson (Thames H&H) 16:23. **HW:** 13 Matt Fell 19:10; 41 Stephen McDuell 21:14 (170 finishers)

April 18: parkrun 5km, Wimbledon Common

1 Jon Fairs (HW-2C) 16:40. **Other HW:** 5 Andrew Davies (2C) 18:33; 8 David Grima 18:43; 9 Claire Grima (1st W) 18:46; 47 Adam Fenton (2C) 21:21; 90 Dennis Williams 24:59; 108 Shelley Cleghorn 26:12 (155 finishers-record)

April 18: National 12-stage Road Relays, Sutton Coldfield

Long stage – fastest: 1 Phil Wicks (Belgrave H) 25:13. **HW:** James Trapmore (2C) 27:40; Alex Bruce-Littlewood (2C) 28:12

April 19: 28th Hercules Wimbledon Young Athletes Meeting, Crystal Palace U17 Men

100 (race 1): 7 Jonathan Osbourne 11.94/+1.9w. **(race 2):** 4 Kyran Mitchell-Nanton 11.76/+3.1w; 7 Andrew Clarke 12.39/+3.1w. **(race 3):** 5 Andrew Connolly 12.57/nwr; 6 Tom Meehan 12.58/nwr

200 (race 1): 3 Jonathan Osbourne 23.49/+0.9w (**23rd HW U17M a-t**); 7 Kyran Mitchell-Nanton 51.58 (injured). **(race 2):** 3 Jose Costa 24.76/+1.0w; 7 Tom Meehan 26.18/+1.0w

800 (race 1): 4 Liam White 2:11.00. **(race 2):** 2 Ed Saywell 2:10.43

1500 (race 1): 2 Liam White 4:14.47; 6 Joe Toomey 4:25.44. **(race 2):** 1 Ed Saywell 4:30.32 (**26th HW U17M a-t**); 6 Geordie Logan 4:35.42 (**29th HW U17M a-t**); 12 Bradlee Mulroe 5:09.61

LJ: 6 Chima Odum 5.03; 7 Andrew Clarke 4.78

SP: 3 Chima Odum 10.75; 4 Jose Costa 9.15; 5 Andrew Clarke 4.78

DT: 3 Chima Odum 28.94

JT: 2 Jose Costa 37.13; 6 Chima Odum 24.79

4x100: 2 Hercules Wimbledon 46.97 (J Costa, K Mitchell-Nanton, A Connelly, J Osbourne)

U15 Boys

100 (race 3): 1 Oliver Reilly 12.84/+3.7w; 3 Ejaz Ahmed Majoka 13.47/+3.7w. **(race 4):** 4 Spencer Felix Otoo 13.03/+2.4w; 5 Emmanuel Obayuwana 14.14/+3.7w. **(race 5):** 5 Charlie Williams 14.14/+3.3w

200 (race 2): 2 Oliver Reilly 26.66/+0.3w; 3 Luis Da Silva 28.86/+0.3w. **(race 3):** 3 Spencer Felix Otoo 26.54/+0.9w; 4 Emmanuel Obayuwana 28.81/+0.9w

800 (race 1): 7 Tim Livingstone 2:29.07. **(race 2):** 1 Joe Clark 2:21.77; 6 Charlie Williams 2:41.50.

1500 (race 1): 4 Joe Clark 4:42.74; 10 Tim Livingstone 5:04.80.

SP: 5 Tim Livingstone 8.54

4x100: 5 Hercules Wimbledon 53.60 (S Felix Otoo, E Ahmed Majoka, E Obayuwana, O Reilly)

U13 Boys

100 (race 3): 7 Jonathan Dench 15.99/+3.2w. **LJ:** 16 Jonathan Dench 2.99

U11 Boys

1000: 4 Wali Acogny 4:03.01

U15 Girls

100 (race 2): 7 Sharon Obayuwana 14.10/+3.5w

200 (race 2): 5 Sharon Obayuwana 29.00/+1.5w

800 (race 2): 7 Olivia Archdeacon 2:49.05

DT: 8 Olivia Archdeacon 18.77

U13 Girls

200 (race 1): 1 Eleanor Smith-Hahn 28.36/+2.0w (5th HW U13G a-t)

800 (race 1): 1 Eleanor Smith-Hahn 2:32.37. **(race 2):** 5 Imogen Willis 3:00.54; 7 Josie Clough 3:15.05

LJ: 6 Eleanor Smith-Hahn 3.84; 12 Phoebe Page 3.30 (15th HW U13 a-t)

U11 Girls

600 (race 1): 4 Phoebe Page 2:08.63; 7 Celia Willis 2:19.41; 9 Josie Kavanagh 2:24.28. **(race 2):** 5 Hannah Russell 2:27.96

Full results here: <http://herculeswimbledonac.org.uk/results.htm#19/04>

April 19: Dragon Slayer Duathlon, Redbridge

Run 7.6km – Bike 40km – Run 5km

1 Justin Webb (Optima) 1:56:05 (28:04 – 65:13 – 21:50). **HW:** 34 (4th W) Steph Robson (2C) 2:24:30 (32:33 – 85:30 – 24:23) (67 finishers)

April 19: Lochaber Marathon, Fort William, Scotland

1 Niku Millott (Aberdeen Metro) 2:43:08. **HW:** 86 Alex Urban 3:26:07 (349 finishers)

April 20: Boston Marathon, USA

1 Deriba Merga (Ethiopia) 2:08:42. **HW:** 273 Justin Kelly 2:44:46 (HW 2009 leader); 4343 Stewart Bond 3:18:36; 7672 Philip Glynn 3:31:20

April 20: Inaugural Boston 5km, Boston, Mass, USA

1 Jarrod Shoemaker (USA) 14:29. **HW:** 424 Alex Bond 22:38 (3523 finishers)

April 22: Veterans AC Meeting, Battersea Park

100 (race 2): 6 Paul Wignall 13.9. **(race 3):** 4 Kevin Burnett (2C) 18.9

300 (race 2): 6 Paul Wignall 47.3

SP: 4 John Webster 6.35; 5 Kevin Burnett (2C) 6.28

HT: 1 John Webster 30.53; 4 Kevin Burnett (2C) 16.56

April 22: Goyt Valley, 10km Trail race, near Buxton

1 Andy Pead (Goyt Valley Striders) 37:53. **HW:** 137 Colin Bricher (2C) 62:09 (173 finishers)

April 24: Serpentine Last Friday of the Month 5km, Hyde Park, London

1 Nicholas Torry (Serpentine) 15:29. **HW:** 161 Ian Isherwood 24:28; 171 Georgina Stubbs 25:04 (237 finishers)

April 25: Southern Women's League, Div 2 South, Wimbledon Park

MATCH: 1 East Grinstead 298; 2 Paddock Wood 207; 3 Redhill Surrey Beagles/Dorking Mole Valley/Holland Sports 131; 4 Hercules Wimbledon 92; 5 Chiltern 41; 6 Swale Combined 36

Senior

200 A: 1 Emily Martin 26.2

800 A: 2 Olivia Archdeacon 2:47.8

3000 A: 2 Caroline Hicks 13:07.0. **B:** 1 Hannah Long 13:48.1

SP A: 2 Emily Martin 8.70. **B:** 4 Ann Martin 5.30 (=HW W45 record)

DT: 3 Olivia Archdeacon 21.54 (4th HW a-t). **B:** 4 Hannah Long 14.20

HT A: 4 Ann Martin 16.82 (HW W45 record)

JT A: 3 Emily Martin 25.47

U15

200 A: 3 Olivia Hogan 33.4. **B:** 2 Olivia Wilson 34.7

75H: 2 Olivia Hogan 17.6. **B:** 1 Olivia Wilson 19.4

JT A: 3 Olivia Hogan 6.98. **B:** 3 Olivia Wilson 4.71

April 25: parkrun 5km, Richmond Park

1 Daniel Augustus (Scarborough AC) 16:15. **HW:** 15 Stephen McDuell 20:20 (116 finishers)

April 25: parkrun 5km, Wimbledon Common

1 Andrew Mercer (Unattached) 16:40; 2 Neil Aitken (HW-2C) 16:43. **Other HW:** 5 Rory McMahon 17:13; 11 Peter Lee 18:18; 36 Anna Garnier (2C) 20:39; 38 Maurice Sharp 20:44; 47 Mark Bohan 21:27; 57 Shelley Cleghorn 22:06 (157 finishers – record)

April 25: parkrun 5km, Bushy Park, Teddington

1 Richard Ward (Belgrave H) 16:01. **HW:** 25 Steve Badgery 18:49; 75 Camille Duval 20:37 (453 finishers)

April 25: British Milers Club Regional Races, Hendon

Men: 800: 4 Alex Bruce-Littlewood (2C) 1:59.26

April 26: Flora London Marathon

Men

HW: 85 Mike Halman 2:33:57 (15th HW a-t & HW 2009 leader); 89 Hussein Ahmed 2:34:19 (16th HW a-t); 111 James Trapmore (2C) 2:36:00; 138 Jon Fairs (2C) 2:37:47; 585 Stuart Fraser 2:54:19 (12th HW M40 a-t); 698 Gerard Crispie (2C) 2:56:20; 731 Graeme Buscke (2C) 2:57:00; 1090 Belal Aly 3:02:47; 1627 David Grima 3:10:56; 3658 David Clarke 3:30:08; 3977 Tom Cheetham 3:32:55; 4576 Stewart Bond 3:37:05; 9909 Alastair Brown 4:07:30; 21617 Dennis Williams 5:27:53

Women

HW: 10 Claire Grima 2:52:56 (HW W record); 20 Zoe Pike 2:56:25 (3rd HW W a-t & HW W35 record); 520 Francesca Clarke 3:30:21 (8th HW a-t & 5th HW W35 a-t); 2065 Claire Morgan (2C) 4:03:32



David Grima looking at ease in what was his marathon debut

Photo by Sophie Toomey

April 26: adidas London Mini Marathon, 3 miles

All Merton unless stated

Boys 15-17

1 Richard Goodman (Harrow) 14:42. **HW:** 6 Andrew Penney* 15:30; 7 Liam White (Ken & Chelsea) 15:32; 19 Joe Toomey* 16:16; 42 Ed Saywell* 16:53; 54 Charlie Carrington* 17:11; 109 Alex Robinson 18:01 (233 finishers)

*Members of Merton third place team

Boys 13-14

1 Peter Chambers (Croydon) 16:13. **HW:** 59 Tim Livingstone (Wands) 18:23; 99 Joe Clark 19:18; 106 Bradlee Mulroe 19:27; 192 James Russell 21:30; 223 Ben Palmer 24:30 (236 finishers)

Boys 11-12

1 Freddy Keefe (Havering) 16:37. **HW:** 116 Elliott Laville 20:55; 125 Aaron Jones 21:07; 132 Conor McFarlane (Wands) 21:14; 161= Rowan Hallam (Wands) 21:45; 161= Tom Robinson (Wands) 21:45 (248 finishers)

Girls 15-17

1 Grace O'Leary (Sutton) 17:21. **HW:** 56 Ali Borthwick (Wands) 21:09; 75 Caroline Hicks 21:56; 76 Katie Buchanan (Wands) 21:56; 169 Niamh Wilson 25:43 (223 finishers)

Girls 13-14

1 Sky Draper (Hillingdon) 17:50. **HW:** 41 Maire Gilmartin 20:52; 47 Ella Dobson (Kens & Chelsea) 21:05; 69 Constance Rose (Wands) 21:43; 113 Jessica Wood (Wands) 23:13; 149 Laura Wells 24:06 (238 finishers)

Girls 11-12

1 Georgina Kennedy (Bromley) 18:58. **HW:** 3 Eleanor Smith-Hahn (Sutton) 19:17; 4 Emma Headley** (Wands) 19:30; 27 Rebecca Stone 21:17; 97 Josie Clough 23:32; 138 Emily Dobson (Kens & Chelsea) 24:25 (245 finishers)

** Member of third placed Wandsworth team

30 HW runners in total today (16 boys & 14 girls)



Liam being closed down by Andrew who went on to finish just two seconds clear

Photo by Sophie Toomey



Joe giving his all not too far from the finish

Photo by Sophie Toomey

April 26: Shakespeare Marathon, Stratford on Avon

1 Paul Mountford (Tipton H) 2:39:04. **HW:** 70 Frank Wood 3:16:33 (864 finishers)