

Hercules Wimbledon Interclub XC incorporating East Surrey League
 Saturday 10th December 2016 - Senior race ~ 5 miles

Place	Number	Name	Club	Age cat	Time	Remarks
1	349	Andy Greenleaf	Serpentine	SM	26:32	
2	348	Fred Slemeck	Hercules Wimbledon	SM	26:56	1st HW
3	241	Ollie Garrod	Epsom and Ewell	SM	27:11	
4	335	Belal Ahmed	Hercules Wimbledon	SM	27:22	2nd HW
5	9	Mike Cummings	Herne Hill Harriers	SM	27:29	
6	185	Joe Toomey	Hercules Wimbledon	SM	27:37	3rd HW
7	481	Peter Mills	Striders of Croydon	SM	27:45	
8	366	Finn Johnson	Hercules Wimbledon	SM	27:58	
9	392	Rhys Boorman	Roehampton University	SM	28:19	
10	209	Chris Buseleah	Herne Hill Harriers	SM	29:19	
11	218	Patrick Lucas	Croydon Harriers	SM	29:32	
12	336	Mark Bridges	Wimbledon Windmilers	SM	29:52	
13	181	Neil Fraser	Hercules Wimbledon	SM	29:55	
14	185	Philip Bray	Milocarian	SM	29:57	
15	375	Khaled Diaw	Hercules Wimbledon	M45	30:31	
16	382	Peter Collins	Hercules Wimbledon	M45	30:51	
17	188	Hamish Waring	Milocarian	SM	30:57	
18	224	Adam Harwood	Hercules Wimbledon	SM	31:00	
19	20	Stuart Flack	Epsom and Ewell	M40	31:03	
20	182	Tom Rann	Milocarian	SM	31:15	
21	178	Phil Glynn	Hercules Wimbledon	SM	31:19	
22	181	Nick Wood	Milocarian	SM	31:30	
23	186	Richard Adamson	Milocarian	SM	31:40	
24	168	Peter Lee	Hercules Wimbledon	M50	31:45	
25	497	Krzysztof Klidzia	Striders of Croydon	M50	31:54	
26	491	Matt Stone	Striders of Croydon	M50	32:00	
27	445	Alex Gurteen	Epsom and Ewell	M20	32:02	
28	217	Glenn Barden	Croydon Harriers	SM	32:04	
29	69	Jordan O'Dongo	Croydon Harriers	M17	32:05	
30	226	Russell Price	Hercules Wimbledon	SM	32:06	
31	438	Antony Constantinou	Collingwood	M50	32:12	
32	242	Alex Hawkins	Epsom and Ewell	SM	32:32	
33	16	Alastair Bloore	Epsom and Ewell	M50	32:40	
34	483	Martin Filer	Striders of Croydon	SM	32:43	
35	338	Richard Keeble	Herne Hill Harriers	SM	32:49	
36	210	Trevor Chilton	Herne Hill Harriers	M40	32:51	
37	439	Darren White	Collingwood	M40	32:52	
38	180	George Roberts	Milocarian	SM	32:54	
39	370	Knut Hegvold	Hercules Wimbledon	M50	32:55	
40	237	Simon Bean	Epsom and Ewell	M55	32:57	
41	472	Adam May	Hercules Wimbledon	SM	32:58	
42	437	Mark Constantinou	Collingwood	M50	32:59	
43	473	Richard Evans	Hercules Wimbledon	M50	33:01	
44	208	James Ward	Herne Hill Harriers	SM	33:14	
45	219	Neil Aikman	Croydon Harriers	M45	33:20	
46	492	Andy Perks	Striders of Croydon	M40	33:23	
47	13	Mark Cawood	Veterans	M45	33:31	
48	340	Dan Hallam	Herne Hill Harriers	SM	33:37	
49	183	Rob Poole	Milocarian	SM	33:45	
50	177	Simon Woodley	Hercules Wimbledon	M40	33:48	
51	228	Alexandra Binley	Hercules Wimbledon	SW	33:49	1st lady

52	493	Matt Ostrowski	Striders of Croydon	M17	33:55	
53	170	Daniel Collis	Milocarian	SM	34:00	
54	214	Mark Livingstone	Hercules Wimbledon	M45	34:05	
55	174	Gina Galbraith	Hercules Wimbledon	W40	34:14	2nd lady
56	440	Richard Fox	Collingwood	M40	34:21	
57	225	Tom Cheetham	Hercules Wimbledon	M50	34:30	
58	173	Victoria Carter	Veterans	W45	34:30	3rd lady
59	482	Simon Webster	Striders of Croydon	SM	34:36	
60	490	Simon Pannell	Striders of Croydon	M50	34:43	
61	457	Carel Du Plessis	Epsom and Ewell	W35	34:52	
62	446	Matthew Houghton	Epsom and Ewell	M20	34:56	
63	441	James McClintock	Collingwood	M40	34:59	
64	255	Colin Oxlade	Croydon Harriers	M55	35:05	
65	75	Luiz Custodio	Herne Hill Harriers	SM	35:07	
66	347	Susanne Swaine	Herne Hill Harriers	SW	35:37	
67	478	Norman Urquia	Wimbledon Windmilers	M50	35:38	
68	386	Lisa Thomas	Hercules Wimbledon	W50	35:39	3rd HW lady
69	484	Darren Woods	Striders of Croydon	SM	35:44	
70	12	Steve Clancey	Veterans	M45	35:49	
71	479	Peter Metcalf	Hercules Wimbledon	M45	35:52	
72	495	Chris Morton	Striders of Croydon	M50	35:54	
73	385	Francesca Clarke	Hercules Wimbledon	W40	36:00	
74	215	Kate Crawford	Herne Hill Harriers	SW	36:05	
75	486	Julian Spencer-Wood	Striders of Croydon	M65	36:10	
76	463	Bill Arbury	Epsom and Ewell	M50	36:14	
77	3	David Watkins	Lingfield	M50	36:23	
78	11	Mike Mann	Veterans	M65	36:26	
79	337	Monika Crouse	Hercules Wimbledon	SW	36:27	
80	235	Joe Linsley	Epsom and Ewell	M40	36:32	
81	381	Adam Fenton	Hercules Wimbledon	M50	36:35	
82	236	Guy Laister	Epsom and Ewell	M35	36:41	
83	330	Simon Riley	Hercules Wimbledon	M50	36:43	
84	376	Richard Clark	Hercules Wimbledon	M55	36:47	
85	176	John Krause	Hercules Wimbledon	M55	37:00	
86	328	Martin Lloyd	Collingwood	M50	37:05	
87	187	Celia Waring	Milocarian	SW	37:10	
88	377	Ola Balme	Veterans	W45	37:14	
89	480	Steph Upton	Striders of Croydon	W45	37:26	
90	182	Ian McDonald	Hercules Wimbledon	SM	37:42	
91	37	Gen Huss	Herne Hill Harriers	SW	37:50	
92	258	Oliver Hosken	Croydon Harriers	SM	37:53	
93	8	Fiona Russell	Veterans	W45	37:56	
94	494	Tony Ostrowski	Striders of Croydon	M45	38:10	
95	73	Jess Winfield	Herne Hill Harriers	SW	38:18	
96	449	Sharmila Franks	Epsom and Ewell	W40	38:19	
97	498	Peter Johnson	Striders of Croydon	M50	38:21	
98	179	Chris Loyn	Milocarian	SM	38:25	
99	450	Vanda Caulfield	Epsom and Ewell	W50	38:33	
100	369	Jolyon Parsons	Hercules Wimbledon	M50	38:47	
101	496	Sunjay Bhogal	Striders of Croydon	M45	38:52	
102	179	Daniel Pickering	guest	M40	38:55	
103	229	Vince Howley	Epsom and Ewell	M50	38:58	
104	477	Chiara Samele	Wimbledon Windmilers	W50	39:02	
105	184	Kerry Straghan	Milocarian	F20	39:07	

106	7	Graham Laylee	Veterans	M55	39:10
107	176	Beth Belin	Milocarian	SW	39:21
108	464	Gerry Smith	Epsom and Ewell	M65	39:32
109	200	Mica Viciosa	Herne Hill Harriers	M20	39:49
110	345	Helen Couchman	Herne Hill Harriers	SW	39:49
111	346	Joe Hallam	Herne Hill Harriers	SM	39:53
112	4	George English	Lingfield	M60	39:56
113	239	Gareth George	Epsom and Ewell	M40	40:09
114	380	Martin Miller	Hercules Wimbledon	M70	40:17
115	187	Craig Howard	Hercules Wimbledon	M40	40:32
116	364	Rebecca Ewen	Hercules Wimbledon	SW	40:41
117	216	Keith Brown	Croydon Harriers	M60	40:51
118	499	Gerry Crispie	Striders of Croydon	M55	41:06
119	175	Tim Powell	Milocarian	SM	41:10
120	10	Simon Williamson	Veterans	M55	41:29
121	485	Michael Joseph	Striders of Croydon	M55	41:38
122	173	Glen Wilson	Milocarian	SM	41:43
123	172	Peter Drew	Milocarian	SM	41:45
124	175	Amelia Ashton-Jones	Wimbledon Windmilers	W40	41:47
125	177	Chris Nowell	Milocarian	SM	41:50
126	455	Veronika Cegolwska	Epsom and Ewell	F35	41:58
127	183	Ella Waddingham	Wimbledon Windmilers	F35	42:05
128	329	Tony Austin	Hercules Wimbledon	M60	42:22
129	1	Meghan Bowen	Lingfield	SW	42:30
130	368	Jessame Coulson	Hercules Wimbledon	SW	42:39
131	171	Rebecca Waller	Milocarian	SW	42:45
132	452	Alecchia Van Wyk	Epsom and Ewell	W35	43:20
133	2	Michelle Hollins	Lingfield	W50	43:32
134	174	Lewis Forrester	Milocarian	SM	43:42
135	220	Jules Williams	Croydon Harriers	W45	43:51
136	74	Sarah Allen	Herne Hill Harriers	W50	44:36
137	442	Andy Schendel	Collingwood	M40	44:54
138	367	Rowena Hornshaw	Hercules Wimbledon	SW	45:35
139	325	Peter Howe	Croydon Harriers	M60	46:30
140	500	Terry Buxton	Striders of Croydon	M55	46:37
141	383	Paddy Clark	Veterans	M70	46:40
142	186	Dennis Williams	Hercules Wimbledon	M70	48:21
143	227	Katie McInnes	Hercules Wimbledon	SW	49:54
144	444	Alison Fox	Collingwood	W50	50:26
145	443	Rosa Constantinou	Collingwood	W45	50:52
146	188	Melloney Johns	Wimbledon Windmilers	SW	52:27
147	178	Emily Raison	Milocarian	SW	55:25

Team result	East Surrey
Hercules Wimbledon	20 *
Milocarian	74
Epsom and Ewell	81 *
Herne Hill Harriers	86 *
Striders of Croydon	92 *
Croydon Harriers	113 *
Collingwood	166 *
Veterans	253 *
Wimbledon Windmilers	307
Lingfield	451 *